

Ongerup Grapevine

June 23rd 2022

Community Notes

Ongerup Golf Club Notes

An invitation to all for this - "Let's get together for Friendship"- day of golf. This day is open for anyone to join in, you don't need a handicap, we'll grade you on the day depending on your experience, so come along you just need a partner - Ladies or Men, can be mixed. The cost for the Day \$30 pp, includes light lunch & dinner. Starting with morning tea at 10am then Hit-off at 10.30am. The day is Sponsored by Sound Life Financial (Thelma Jaekel & team) so come and join us for some great prizes. Contact Russell Thompson 0428 282 229 or russell@wn.com.au or Vicki O'Neill 0428 282 282 for more detail.



Congratulations to the Horsepower Highway Committee winning silver at the recent top tourism town awards. They have created an amazing trail of vintage machinery and custom built sculptures that reflect the history and diversity of our region.

A well deserved accolade for all their hard work.

JUNE

24th Sarah Hyde

28th Obelia Kohler

JULY

4th Hannes Kohler

5th Claire Flavel

6th Mark Bruce

18th Sally Harding

24th Ava Harding

25th Graeme Savage

25th Caroline House

30th Tina Harding

31st April Langdon



Our new camera has been giving us a lot of beautiful action shots of our "Romeo" Valentine (white wing feathers) as he woos his two female companions in the hopes of getting lucky this breeding season. Valentine has been hard at work impressing the ladies with his fancy mound work.

FLURO Friday

RSVP
PLEASE

Afterschool Activities for kids to bring awareness of road safety

LET'S GET VISIBLE

LET'S USE OUR CREATIVITY AND VARIOUS MEDIA (FACE PAINT, STICKERS AND OTHER MATERIALS) TO GET THE MOST VISIBLE

ALSO BRING YOUR ACCESSORIES (BEANIES, HELMETS, BACKPACKS) TO DECORATE THEM INTO HIGH-VISIBILITY ITEMS, THAT WILL HELP YOU TO STAY SAFE ON THE ROAD



Guest speaker :
Officer Tom
At 3 PM

SOCK WEEK 2022
#SaveOurCountryKids

AFTERNOON TEA PROVIDED



Photography Workshop

with photographer Astrid Volzke
Wednesday 29th June



change of date

9am - 1pm

Borden Pavilion

Stone street Borden

Morning tea provided

Cost \$100

All ages and abilities welcome!

All cameras including smartphones.

Come along and enjoy a colourful presentation of community stories from around regional WA. Learn how to create a photo story and join us for a themed photo walk.

Bookings: events.humanitix.com/photostoryborden



A Huge Thank you to Don for putting up our new Yongergnow sign near the golf club

YOU'RE INVITED TO
Jerramungup Vs Boxwood Hill

Pink Sport's Day

SATURDAY JULY 2nd
@ the Jerramungup Sporting grounds and complex

Along with a day full of Football, Hockey and Netball an exciting NIGHT game of A grade netball will be played and a yummy dinner available thanks to the JLHC. A night auction and raffles is also planned, so bring along your heavy wallets for this fantastic cause

Please incorporate pink into your outfit
THINK PINK!!
clothing, scarves, lipstick, nail polish, hair ribbons, beanies, socks etc...

Get creative!!

A Breast Cancer merchandise stall will be set up on the day with proceeds going to the BCA

IN RECOGNITION OF
BREAST CANCER AWARENESS



Astrid 0417 788 578
www.ourphotostories.com.au

Boxwood Hockey club notes



Juniors

Gnowangerup defeated Boxwood Hill 4-0

After a superb OHA performance at the South West Hockey Carnival, both teams began the game with dash and daring. It was Boxwood who held sway in the first quarter with abundant forward pressure but unable to convert. Gnowangerup responded to regain control and a score a lucky dribbler. Undeterred, Boxwood maintained positive possession through the determination of Charlotte Smith patrolling the right wing. The linking work of Evita Rumble and clever finishing by Jobe Rumble was key to Gnowangerup furthering their lead. Boxwood's backline stood strong against the confident Gnowangerup forwards with Ebony Davy winning her tackles and sending the ball around the congestion to give Boxwood's Kohan Maslij plenty of clearing runs. Gnowangerup proved too strong across the board and were able to capitalise on a string of penalty corners to finish the game on top.

Seniors

Boxwood Hill defeated Gnowangerup 4-2

An untimely mix of spicy coughs and social events had Gnowangerup on skeleton crew and Boxwood fronting new line ups for their grass game.

Boxwood established dominance early through aggressive forward play with Deanne Glass finding Kelly O'Neill in open space in the D. Despite leaving one large divot and needing two bites of the cherry to get the job done - Boxwood were away with a goal on the board in the first five minutes.

Super recruit Tayah Medlen quickly made her presence felt with slick skills and pace encouraging her Boxwood teammates to attack with confidence. A sweet one-two resulted in big sister Jordy Medlen scoring Boxwood's second for them to hold a nervous lead at half time.

Gnowangerup lifted in the third with gritty defence led by Meghan McGregor. A cracking hit from Tahryn Smallwood finally found a gap in the Boxwood defence to young pup Fletcher Paterson who nailed a cross to fellow debutant Jack Humphries, landing a bobbling goal to give Gnowangerup some belief.

Unrelenting tackle pressure and quick transitions into attack by Ellie Stone gave Boxwood more opportunities deep into the scoring zone. Abby Bird and Tayah Medlen making the most of these to find the angles and corners of the goals. Gnowangerup's experience and perseverance came to the fore as Kristy Lewis and Jacinta Richardson combined to score in the dying minutes. Boxwood holding on for their first win of the season.

ForWhen

Provided to you
by Ngala

National perinatal mental health support for expecting and new parents.

1300 24 23 22

ForWhen is a new national service that connects parents experiencing moderate to severe perinatal mental health issues navigating the complex waters of pregnancy and new parenthood to the critical services they need most.

How it works

Step 1

Parents and families experiencing perinatal infant mental health challenges, or health practitioners supporting their patients, can call the national ForWhen helpline number at **1300 24 23 22** between 9:00am and 4:30pm Monday - Friday to speak with a place-based navigator.

Step 2



They will be connected with a place-based navigator, who has local knowledge of the perinatal mental health services available in their area. These navigators will listen to the parent, talk through presenting issues, help identify the challenges they're facing, and determine their needs.

Step 3

The navigator conducts a screening assessment to determine the severity and requirements of the parent.

Step 4

The navigator then endeavours to connect the parent to the right local support service for them, and provides advice and support about the next steps to take.

  @ForWhenHelpline
ForWhenHelpline.org.au

ForWhen is the first support line of its kind

Access to local services

ForWhen is a national service that enables parents to access navigation and guidance to local perinatal mental health services based in their state or territory. The navigator is located in a local partner organisation in their state or territory, who knows the area and can identify and connect the parent to the right service providers, online services, virtual care, resources, and referral pathway that meets their needs.

Staffed by professionals

ForWhen is staffed by professionally qualified practitioners. This means that new and expecting parents get access to clinically-trained professionals who are available to listen, support, understand, and help define their needs from an experienced professional perspective, and provide a pathway to access the right service provider in their area. An Aboriginal Liaison Officer is also available to support Aboriginal families in accessing the service.

Support during the crucial first months

With a "no wrong door" and soft entry approach, our key focus is reaching families that may not know how to access these services. This way, parents are able to get critical mental health support early in their child's life, and early in the pathway of emerging issues.

Who it's for

New and expecting parents

ForWhen is designed to help parents during pregnancy and in the first year following birth, who are experiencing any form of mental health challenges.

Families

It's for family members who notice a parent experiencing mental health challenges.

Health practitioners

If you identify that your perinatal patients need mental health support, you can access ForWhen on their behalf.

Provided in partnership



ForWhen is a navigation service to support parents in finding the right perinatal mental health service at the right time, for the right care and treatment

Pregnancy and parenthood is a time of big change for new parents. But what's often not spoken about are the mental health challenges that come with it. The personal struggles that can come in the wake of a pregnancy, or when raising an infant are more common than many people realise—and too often, these aspects of parenting can be overlooked.

It's estimated that 1 in every 5 new and expecting mothers, and 1 in every 10 fathers, experience perinatal depression and/or anxiety.

Giving parents access to critical mental health support when they need it most

ForWhen is a stepped care support service for parents and families experiencing perinatal mental health concerns and challenges. It's designed to provide new parents—mothers, fathers, and carers—with a caring, supporting, and timely mental health navigation service in their local area.

Operating in partnership with local organisations and service providers, we connect parents to the support they need at the right time, in the right place, to improve new and expecting parents experiencing any form of mental health challenges, from conception up until your child is 12 months old.

Parents experience seamless service delivery, feel heard and supported, and are connected to services that best match their needs.

Our goal is to improve access and connection to vital perinatal mental health support services, by providing parents with a support service for when they need it.



ForWhen acknowledges the Aboriginal and Torres Strait Islander people of the many traditional lands and language groups of Australia. It acknowledges the wisdom of traditional custodians both past and present and pays respect to their communities of today.

Do you know
what to do in a
medical
emergency?

Yongergnow-Ongerup CRC Wednesday 20th July 2022

HLTAID011 Provide first aid

Regular Price
8.30am - 4.30pm \$160

20% OFF*
EOFY SALE

Take advantage of 20% off the retail price

Checkout code: EOFY2022

*Terms and Conditions Apply. The offer ends 30th June 2022

Book and pay online at www.stjohnwa.com.au/first-aid-training

Enquiries phone Great Southern regional office on 9841 4212

St John



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Andrew Wallace, Area Manager - Albany

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T/a Lucky Bay Hire Pty Ltd Cert Number 131223



NEW OVERSIZE PILOT SERVICE



Expression of Interest HEAVY VEHICLE LICENSE TRAINING IN ONGERUP IN AUGUST/SEPTEMBER

Course Fees :

Class required	BADT Client Cost
HR Upgrade 8hrs Training inc Assessment	\$1,795.00
HC Upgrade 9hrs Training inc Assessment	\$2,795.00
MC Upgrade 9hrs Training inc Assessment	\$2,895.00



If you're interested in undertaking the
training please contact
Yongergnow-Ongerup CRC :



(08) 98282325
ongerup@crc.net

ONGERUP DART ASSOCIATION PREMIERSHIP LADDER 2022

		Points for win	% Games
<u>1</u>	Ongerup	14	46
<u>2</u>	Jerry Electrical	12	49
<u>3</u>	Bulldogs	10	55
<u>4</u>	Toompup Echidnas	10	39
<u>5</u>	Borden	6	27
<u>6</u>	Sparky's	2	27

17th June, 2022

ROUND 9

ONGERUP 5 VS JERRY ELECTRICAL 4
HIGHEST AVERAGE: Don Slater 52.16, K Felesina 49.82

HIGHEST PEG: P White 72
100'S: Don Slater 100, 101, 123, 134, 135, P White 100 x 2, 119, K Felesina 100, 101, M Osterhage 133

BORDEN 3 VS TOOMPUP ECHIDNAS 6

HIGHEST AVERAGE: J Nehm 41.39, S Batchelor 37.49
HIGHEST PEG: S Batchelor and S Davidson 46

100'S: C Thomas 100, R Grice 118, S Batchelor 116, S Davidson 100, J Thomas 100, 122, J Nehme 103, 108, 134, 138

SPARKY'S 1 VS BULLDOGS 8

HIGHEST AVERAGE: J Hayward 43.86, M Phillips 42.41
HIGHEST PEG: L Ugle 51

100'S: D Wiswold 105, B Browne 100, M Phillips 100 x 3, T Hayward 125

NEXT FIXTURE ROUND 10

JMP ELECTRICAL VS BORDEN
BULLDOGS VS TOOMPUP ECHIDNAS
SPARKY'S VS ONGERUP

FARM SAFETY: SAFEGUARDING YOUR PEOPLE AND BUSINESS

WORKSHOP BY **RURAL** **EDGE**



Ongerup: **FRIDAY 29 July 2022**
9.00am – 3.00pm

TOPICS COVERED:

- Laws and Penalties
- Employer and Employee responsibilities
- Tools to break down resistance
- Goals of a Farm Safety System
- Safety Basics
- Hazard Identification
- Standard Policies
- Safe Work Instructions
- Take 5 concept
- Safety Culture
- Staff Inductions



Australian Government

BUILDING OUR FUTURE



Yongerknow-Ongerup
Community Resource Centre
your local connection

Proudly supported by:



Government of Western Australia
Department of Regional Development

Grapevine Prices

1/4 Page Advert - \$18.00

1/2 Page Advert - \$30.00

Full Page Advert - \$60.00

CRC Staff

Elisa Santina - Manager

Viktorija Kokina - Admin Assistant

Sarah Stutley - Trainee

Keely O'Conner - Trainee

Georgia Davies - Trainee

Alyce Langdon - Cleaner

CRC Committee

Roz Thompson - Chairperson

Melissa Savage - Vice Chairperson

Kiara Pittard - Secretary

Kelly O'Neill - Treasurer

Sandy Vaux

Emma Spink

Jane Campbell

Melissa Hawkins

9828 2325

ocrcgrapevine@gmail.com

OPEN: 9am-4pm Tuesday-Saturday



Yongergnow-Ongerup
Community Resource Centre
Your local connection

Ongerup Services

- Ambulance - 000
- Bill Tiller heavy vehicle accreditation/Test&Tag 0427 787059
- Child Health Nurse (Gnowangerup) - Amber Crichton 98272290 2290 or 0438 711532
- Centrelink Access Point - Located at the Ongerup CRC.
- Fire Brigade - 000
- Hamersley Shearing - Brett 0457 620 041 or Storm 0457 620 040
- Little Learners Friday during school term. Katie 0427 271 454
- Ongerup Bowling Club - Vicki O'Neill 0428 282 282
ongerupbowlingclub@gmail.com
- Ongerup Caravan Park - Lex & Kylie 0474 111900
- Ongerup Craft Group - Vicki O'Neill 0428 282282
- Ongerup Farm Supplies & General Store - 9828 2288
- Ongerup Golf Club - Sarah Hyde 0427 382 634
- Ongerup Hall/Gym - Contact the Ongerup CRC 9828 2325
- Ongerup Hotel - 9828 2001
- Ongerup Library - FREE to join. Open Tues-Sat 9am-4pm @ Ongerup CRC. 9828 2325.
- Ongerup Museum - Sandy Vaux 0428 282941, Judy Major 0427 356020
- Ongerup Sporting Complex - Jan Slee 0428 503 535
- Ongerup Tyres & Auto - 9828 2101
- Shearing Ongerup - Lex 0458 524 342 or Kylie 0474 111 900
- Veterinarian (Albany Veterinary Hospital) 1st Wednesday of each month. Call 9841 1788 for appointments.
- Fuel 24 Hour - Mick 0427 641044 or Kingsley 0428 282082

JUNE/JULY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			23	24 Daycare	25 BYE	26 Golf
27	28	29	30	1 Daycare S.O.C.K fluro day	2 Jerry v Boxwood pink day Breast Cancer fundraiser <i>School holidays</i>	3 Golf
4	5	6	7	8	9 BYE Golf competition	10
11	12	13	14	15	16 Boxwood v Newdegate	17
18	19	20	21	22	23 Boxwood v LG/Pingrup	24