

ONGERUP

# GRAPEVINE

February 6th 2020

\*\* Please remember this Community Newsletter is kindly produced by local volunteers who give up their time every Thursday to provide this service to the town.

## Community Notices

**RAIN!!!!** We recorded 5.6mm of much needed rain at 9am Thursday 6th Feb. (Reports of 14mm north of town). Fingers crossed this is a sign of much more to come.

**ONGERUP GOLF CLUB** Ongerup Golf Club will be having its AGM and General Meeting on Tuesday 25<sup>th</sup> February at the Golf Club at 7.00pm. Please can all members attend

Everyone welcome. Darren Baum(President) 0427471015

**P&C AGM** will be held 9 am Thursday February 20<sup>th</sup> in the school staffroom. All parents and interested community members are urged to attend. This will be followed by a short ordinary meeting. Melissa Savage

### Thank You

The Department of Fire and Emergency Services and the Department of Biodiversity, Conservation and Attractions – Parks and Wildlife Service extends thanks and appreciation to the local governments, their volunteer bushfire brigades, State Emergency Service, agency fire personnel, contractors and suppliers for their support in combatting the bushfires in the Stirling Range National Park which started on Boxing Day 2019.

### Did You Know?

Military toilet paper is printed with a camouflage pattern, because standard-issue white could attract enemy fire at a very vulnerable time.

## Get Active Ongerup!

**Active Farmers Ongerup** - Weekly on a Tuesday.

There will be 2 x 1 hour afternoon sessions at 5:00pm and 6:30pm which can be flexible depending on what suits the community. Cost is \$20pp. Everyone is encouraged you are never too old or young to participate. Contact Boyd 0427 990 531.

**Yogalates** - 7 weeks starting Wednesday 15th January 4:30pm-5:30pm. BYO Mat at the Ongerup Town Hall. Spots still available, contact Anyes 0428 129 672 to book in.



### February Birthdays

- 9th Jenny Ireland
- 11th Mat Campbell
- 16th Montana/Lexi Hooper

### March birthdays

- 1st Sophie Thompson
- 9th Melissa Savage
- 22nd Bella Ogier
- 26th Emily Jaekel
- 28th Kingsley Vaux
- 30th Danielle Campbell
- 31st Lottie Ogier



ONGERUP

## MUM'S CLUB



Gemma Pyle

Child and Infant Sleep Consultant

Over a coffee, this is a really interactive and relaxed way to go over the key points on all things sleep. We cover everything relevant to your baby/toddler based on the age-group you request, and there is the chance to ask any questions you may have along the way.

Thursday 13th February

10am

\$10pp

Ongerup CRC

Please RSVP with the age of your child/children to 9828 2325





## CRC News

Thursday 6th February was a busy day at the CRC with the first visit from our Shire CEO Bob Jarvis. This started with a successful meeting at the Community Centre 3 group representatives to discuss some maintenance issues which were proactively addressed. He was very impressed with all the great work that Tracy Swalwell and her family have done cleaning up around the centre. Bob will be visiting every week for a chance to catch up with the members of the Ongerup community. Be sure to come along with anything you want to discuss with him.

We also hosted a Treasurer's workshop facilitated by Caroline House from RSM in Katanning. This was attended by proactive members of our community wanting to build their knowledge on



how to be a better Treasurer. Big thanks to Caroline for coming down and presenting this workshop.

Next Thursday, we have Gemma Pyle from Secrets to Sleeping joining us for Mum's Club. This is only \$10 per person and offers a really interactive and relaxed way to go over the key points of all things sleep. Covering everything relevant to your baby/toddler and the chance to ask any questions you may have. Let us know if you would like to attend this event.

## DROUGHT FUNDING BONUS FOR GNOWANGERUP SHIRE

THE Shire of Gnowangerup will receive a \$1 million funding windfall after the Federal Government extended the Drought Communities Programme to include a further 52 councils Australia-wide.

Prime Minister Scott Morrison announced the funding earlier this week and Gnowangerup was one of 35 councils in Western Australia to appear on the list of eligible local government bodies.

The funding list includes the surrounding Shires of Jerramungup, Kent and Broomehill-Tambellup as well as Katanning and Albany.

Councils earmarked for funding are deemed to be experiencing hardship due to the drought with eligibility determined by rainfall data and both agricultural and broader employment information.

Under the scheme Councils will be eligible to receive up to \$1 million (\$500,000 for those councils with less than 1000 people) to complete local infrastructure projects and other drought relief projects.

Drought Minister David Littleproud said the funding would support events that create jobs, boost tourism and improve community wellbeing, and enable construction of infrastructure that encourages people to stop in small towns.

Shire of Gnowangerup CEO Bob Jarvis said the announcement had come out of nowhere.

"It's a very exciting windfall which we need to make the most of, and gain advantage for all of the communities within the Shire," Mr Jarvis said.

"We have only scant details at this stage about how and when and for what we can apply."

Mr Jarvis said the Shire will need to scramble fairly quickly to take advantage of the grant as it must be acquitted next year.

"A meeting to discuss water projects was already organised to make applications for community water supply grants and the drought resilience programme opening mid-year, but I am sure we will have a project or two for this new grant." he said.

"We do know this (funding) is for much more than water."

So far, the DCP extension has funded over 300 projects, such as the construction of amenities blocks, potable water supply, local tourism assets, community resilience events and employing local drought support officers.

By Rebecca O'Meehan

## Active Farmers has started!!

Absolutely awesome first session, great turnout and the effort put in was very impressive! Welcome to the Active Farmers family Ongerup! Well done everyone for kicking off 2020 on the right foot! Let's smash some fitness goals!! Boxwood Footy Club also joined in the first ever Ongerup session. Check out all the fun that was had! Remember Active Farmers will be running every Tuesday at the Ongerup Sporting Complex, 5pm and again at 6:30. All fitness levels are welcome. \$20 per session but if you pay \$35 for the week, you can attend any of the Active Farmers sessions in the area! There is also the opportunity to have a \$5 body scan which will give you some interesting stats on things like your body fat %, muscle mass, BMI and bone density. It's a great way to measure your achievements throughout the year. Make sure to come along and support this great initiative designed for communities like ours every chance you can!







## Library News

Who doesn't love a good love story??

Come in and check out our February display for Valentines day.

We also have a whole new exchange from State Library with lots of new books for everyone. Below are a few of our favourites which are available for you to borrow!



## Yongergnow News

We have a new exhibition in our gallery!!

Green Skills presents the Gondwana Connections Art and Photographic Exhibition. These paintings and landscape photographs tell stories about the visionary Gondwana Link program, as well as individual stories about connection to place and caring for country. Some of these include:

*Spiritual Women, Spiritual Land: Because of her we can* - Work created by Minang Elder Aunty Carol Pettersen and Albany based women's group in 2018.

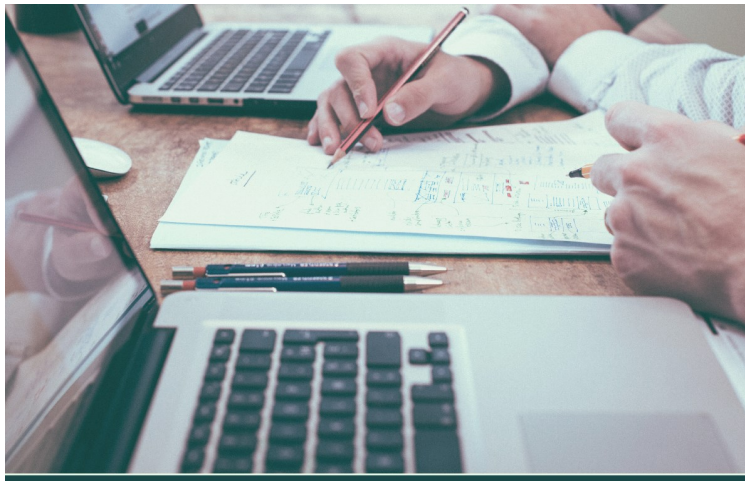
*Balijup Wetlands* - Balijup is a 920ha ecorestoration property near Tenterden in the Shire of Cranbrook. This work arose out of an art camp where Joey Williams of Poornarti Aboriginal Tours guided a group of people to create this work. The work depicts the stunning lakes on Balijup, and tells the story of the Noongar people who walked across this land, as well as the work to restore the damaged ecology of this place.

*Connections to Boodja* - This painting shows the landscapes of Gondwana Link between the Stirling Range and Fitzgerald River National Parks. It depicts the strong connection of local Noongar families to country. It illustrates the Maleefowl, Goanna and Kangaroo, which have been depicted as giant animals in land art plantings on various Gondwana Link properties.

*Nowanup* - Nowanup is a property near Boxwood Hill that has been revegetated as part of the Gondwana Link program. Elder Eugene Eades is the custodian of this property. This painting by Errol, Eugene's nephew, tells the story of Nowanup, and the involvement of a new generation of Noongar elders and families who now care for Nowanup. The painting depicts the revegetation plantings as well as 6 giant circles and associated land art that have been created by the plantings.







LINCOLNS ACCOUNTANTS

## OUTLOOK & TIME MANAGEMENT IN THE OFFICE

FRIDAY 28TH FEBRUARY 2020

10AM - 2PM

\$30PP

(COFFEE &amp; LUNCH INCLUDED)

DAYCARE AVAILABLE.

CONTACT KATIE 0427 271 454

Please RSVP to Yongergnow-Ongerup CRC on 9828 2325 and  
inform us of any dietary requirements.

Yongergnow-Ongerup  
Community Resource Centre  
*Your local connection*

## Mums & Bubs First Aid Training Day



Are you expecting your first child?

or a parent wanting to brush up on your skills?

Join us as we team up with St. John Ambulance to bring you  
this **FREE** very informative session regarding first aid for  
babies & toddlers.

Yongergnow-Ongerup CRC

Friday 6th March @ 9:30am

RSVP to the CRC on 9828 2325

Daycare will be available.

Please contact Katie at Gnowangerup

Family Support on 0427 271454 to

book your child into daycare.



WYNTER DESIGNS

## MACRAME Plant Hanger Workshop

COME ALONG FOR A FUN EVENING CRAFTING UP  
YOUR OWN MACRAME PLANT HANGER FOR YOUR  
HOME

FRIDAY 28TH FEBRUARY 2020  
YONGERGNOW-ONGERUP CRC

5:30-8PM

\$60 PER PERSON

Minimum 5 attendees for class to go ahead

Nibbles provided - BYO Refreshments

Payment to be made on the night - Cash &amp; Card Accepted

Yongergnow-Ongerup  
Community Resource Centre  
*Your local connection*

**Taste**  
GREAT SOUTHERN  
The heart of Western Australian food & wine

Autumn  
OFFERINGS

## Menu

### To Start

Chicken & Pistachio Terrine, Jamon Serrano, Sopressa  
Salami, Cornichons, Pickles, Mustard, Baguette

### Entree

Mt Barker Smoked Trout Salad, Charred Cos, Endive, Potatoes, Dill  
Dressing

### From the Asado

Argentinian Spit-Roasted Lamb, Mint, Jalepeno Salsa Slow Roasted  
Beef Ribs, Chimichurri

### Sides

Albany Beetroot and Goats Cheese Salad  
Miso Roasted Pumpkin, Toasted Almonds, Crispy Kale  
Heirloom Tomato Salad, Pickled Shallots, Oregano

### Dessert

Chocolate & Salted Caramel Tart  
Mini Pavlova, Albany Berries, Vanilla Cream  
White Chocolate Panna Cotta, Candied Orange, Fairy Floss

### To Finish

Soft Cheese, Hard Cheese, Blue Cheese, Accompaniments,  
Crackers, Bread



# SELVA IS BACK

## Psychic Readings

With Selva, Life Translator

Selva Dutton is returning to the Ongerup CRC to do one-on-one psychic readings!

Appointments available:

Tuesday 18th - Thursday 20th Feb 2020

9am - 4pm (appointments after 4pm available but will take place @ the Ongerup Hall)

\$100pp (cash)

Call Selva on 0457 159 276 to book your appointment!



**Kristen Pavez**

HEALTH • FOOD • LIFESTYLE

Whole food cooking classes  
Whole food recipes  
Fermenting Classes  
Essential Oil Classes  
Public speaking & demonstrations  
E-books



## Expressions of Interest

A Gut Loving whole foods cooking class run by Kristen Pavez - Whole food educator.

Thursday March 26th 2020 at Yongergnow-Ongerup CRC  
\$100pp

### Gut Loving whole foods cooking class:

10am - 11.30am

Learn how to make some ferments, and some delicious whole food snacks that even the fussiest eaters will love.

Come & join me for an informative, fun & interactive cooking class where I will teach you how to make:

- Sauerkraut
- Kombucha
- Kimchi
- Milk Kefir

-Milk Kefir Mango Smoothie:

-Creamy Coconut Yoghurt:

-Deluxe Peppermint crunch Raw Chocolate Bark:

You will receive tastings of these delicious fermented foods & beverages & be sent your recipes via email in PDF format so that you have access to them at all times

Please let us know if this is something you would be interested in attending so we can make sure we have enough people to go ahead with it.

Contact us at [ongerup@crc.net.au](mailto:ongerup@crc.net.au) or 9828 2325.



EAT. well  
THINK. well  
MOVE. well



## CHEESE PLEASE!

**CHEESE MAKING WORKSHOP**

1ST MAY @ YONGERGNOW-ONGERUP COMMUNITY RESOURCE CENTRE

### LEARN TO MAKE FRESH CHEESE AT HOME!

Hands on experience to learn recipes & techniques to create:

- Haloumi
- Ricotta
- Paneer

This class is packed full of information - You will be given the recipes, tips & tricks sheet, suggested recipes for use, home cheese makers "shopping list" and a special gift so you can continue to create fresh cheese at home!



**FRIDAY 1ST MAY**  
**\$189 per student**

Workshop 1:  
8.50am - 11.50am

Workshop 2:  
1.00pm - 4.00pm

LIMITED TO 4 STUDENTS PER CLASS

**TO BOOK -**

Yongergnow-Ongerup Community Resource Centre  
P. 08 9828 2325  
[ongerup@crc.net.au](mailto:ongerup@crc.net.au)  
Lot 260 Jaekel St, Ongerup

CHEESE PLEASE brought to you by Evolved Wellbeing in conjunction with Yongergnow-Ongerup Community Resource Centre  
[www.evolvedwellbeing.com.au](http://www.evolvedwellbeing.com.au)

# **DAM CLEANING WANTED**

8 metre scoop steiger and loader

Fence line clearing and fencing all types

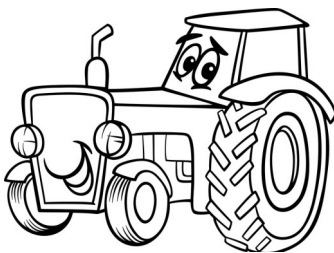
Rock clean ups. Loader with bucket forks

Rock bucket and 12 ft rake blade

3 stand Harrington crutching cradle for crutching

Ring Bob for obligation free quote

0428 612338



DISTRICT **FOUR**  
CBH GROWER DIRECTOR

**SHANE**

**Carruthers**

**1  
VOTE**

*It's time  
for change*

- Operations Knowledge • Grower Focused
- Leadership & Management • Accountability

**Shane Carruthers**

MOBILE: 0408 396 432

EMAIL: [shaneandlynette@bigpond.com](mailto:shaneandlynette@bigpond.com)

## **RURAL EDGE**



**Farm Safety Workshop:**

Safeguarding your People and Business

### **WORKSHOP**

This workshop will provide participants with the tools to build their own farm safety system and ensure they are safeguarding their people and business - Don't put them at risk!



#### **GET STARTED**

Know your obligations under OSH law  
Tools to break down resistance  
Introduce basics first



#### **MAKE YOUR FARM SAFER**

Identify & prioritise hazards  
Create safe work procedures  
Inductions for staff and visitors  
Building your safety culture



#### **BUILD A SYSTEM**

What evidence do you need?  
Templates  
Checklists

Wed 18 Mar 2020

**ONGERUP**

9am to 3pm

Ongerup CRC, Lot 260 Jaekel St, Ongerup WA 6336  
Registrations **ESSENTIAL** via [ruraledge.org.au/workshops/farm-safety](http://ruraledge.org.au/workshops/farm-safety)  
Cost: \$350+ GST (first person from a business), \$175 + GST (add. members of same business)

Development and delivery of this workshop is possible through support from the CBH Group. The commercial value of this workshop is over \$500 per person, support from CBH enables Rural Edge to deliver in your community at the subsidised rate.









# WANTED

## DEAD OR ~~ALIVE~~

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## 2020 FOX SHOOT & COMMUNITY BREAKFAST

SAVE THE DATE!

SHOOTING EVENING

THURSDAY 26TH MARCH 2020

TALLY FRIDAY MORNING @ ONGERUP TIP 6AM  
FREE COMMUNITY BREAKFAST @ YONGERGNOW 6:30AM

# REWARD!

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CONTACT YONGERGNOW-ONGERUP CRC TO REGISTER 9828 2325





# Media Release

## Meet the Trailblazers making a difference in regional Australia

### Heywire Regional Youth Summit hits Canberra next week

After a nationwide search, 18 inspiring young changemakers have been selected by **ABC's Heywire** to head to Canberra to present their ideas to Australia's leaders at Parliament House.

Hailing from across regional Australia, **Heywire's 2020 Trailblazers** come from all walks of life and were chosen for their ideas and passion for creating social change in their local communities. The group of young people have started projects tackling issues such as mental health, racism, Indigenous employment, land preservation and more.

**ABC's Trailblazers** will attend **Heywire's Regional Youth Summit** in Canberra next week, where they will hone their ideas, develop their projects and receive mentorship, before presenting them to Members of Parliament, Senators and community leaders at the end of the week.

At the Summit, this year's **Trailblazers** will join a cohort of 37 young regional Australians who won [Heywire's regional storytelling competition](#) earlier this year. That's 55 young minds eager to make the world a better place!

The **Deputy Prime Minister, Michael McCormack**, says *"The Federal Government is proud to support the ABC Heywire and Trailblazer programs, which put rural and regional Australians at the centre of the conversations shaping their communities,"*

*"It's inspiring to see the passion and energy of these young leaders who want nothing but the best for regional Australia. They'll be looking at how they can help improve mental health, education, agriculture, Indigenous health and remote small businesses in rural and regional centres. This year's Heywire winners and Trailblazers are strong, capable ambassadors for their local regions and each year they inspire me with their ideas and solutions to local issues. I'm delighted my department is an ongoing sponsor of this important event and I look forward to meeting participants next week."*

Head to the [Heywire website](#) to get acquainted with this year's **Trailblazers** and keep an eye out for their stories across the ABC in early 2020.

#### **HEYWIRE'S 2020 TRAILBLAZERS**

##### THE RURAL COMPASS PODCAST

SAMANTHA MEURANT, CUNNAMULLA, QLD AND TORI KOPKE, CUNDERDIN, WA

Helping innovative women in isolated parts of Australia kick start small business and foster connections.

##### DIAMONDS IN THE ROUGH

CODIE HENVILLE, NORTHERN GULLY, WA

In regional areas, many people take better care of their cows than themselves.

##### RESTORING THE PALLINUP RIVER

FREYA SPENCER AND DIMITY MCMORRAN, BORDEN, WA

Repairing one of the largest river systems on Western Australia's South Coast

##### HEALTHIER HEARTS & LIGHTER MINDS

MATT RUNNALLS AND MATTHEW SEARLE, WARRAGUL, VIC

Early intervention for mental health, through workshops for primary school age students.

##### DEADLY SCIENCE

COREY TUTT, CAMPERDOWN, NSW

Helping Indigenous students from remote communities to pursue STEM careers.

##### PERIOD PACK

LILY HARRISON, CORNDALE, NSW

Providing sanitary products to at-risk women in regional NSW.

##### DEADLY INSPIRING YOUTH DOING GOOD

SEMARA JOSE, FERLIN KING AND TAMIKA YOUNG, MOUNT SHERIDAN QLD

Celebrating and supporting young Indigenous leaders in Far Northern Qld.

##### MOUNT GAMBIER WELLNESS AND WELLBEING FESTIVAL

TESSA DEAK AND SHANAE COPPICK, MOUNT GAMBIER, SA

Supporting the health and wellbeing of everyone in the community, especially those with chronic illness and disabilities on the Limestone Coast.

##### DIRRANBANDI CHRISTMAS PROJECT

AMBER STEWART, DIRRANBANDI, QLD

Helping a drought-stricken community come together to celebrate Christmas.

##### THE I AM, MOVEMENT

TANIKA DAVIS, FORSTER, NSW

Producing culturally sensitive educational resources for kids with autism.

##### E-RACED MOUNT GAMBIER

CHANCELINE KAKULE AND LILY COOTE, MOUNT GAMBIER SA

Combating racism through storytelling in regional South Australia.



**Grapevine Prices**

1/4 Page Advert - \$18.00  
 1/2 Page Advert - \$30.00  
 Full Page Advert - \$60.00

**CRC Staff**

Rebecca Brady - Centre Manager  
 Dimity McMorran - Administration  
 Elisa Santini - Trainee  
 Viktorija Kokina - Casual  
 Brittnee Knill - Casual  
 Alyce Langdon - Cleaner

**CRC Committee**

Roz Thompson - Chairperson  
 Melissa Savage - Vice Chairperson  
 Melissa Hawkins - Secretary  
 Jane Campbell - Treasurer  
 Sandy Vaux  
 Gail Vaux  
 Nancy Dewar



Lot 260 Jaekel St  
 PO Box 9  
 Ongerup WA 6336

Phone: 08 9828 2325

Fax: 08 9828 2326

E-mail: [ocrcgrapevine@gmail.com](mailto:ocrcgrapevine@gmail.com)

OPEN: 9am-4pm Tuesday-Saturday

\*\*If you have a birthday or any local notices that you would like included in our town newsletter please feel free to email them through or ring us during business hours.

**Ongerup Services**

- Veterinarian (Albany Veterinary Hospital) 1st Wednesday of each month. Call 9841 1788 for appointments.
- Child Health Nurse (Gnowangerup) - Amber Chrichton 9827 2290.
- Daycare - Every Friday during school term. Katie 0427 271 454
- Centrelink Access Point - Located at the Ongerup CRC.
- Fire Brigade - 000
- Ambulance - 000
- Ongerup Sporting Complex - Jan Slee 0428 503 535
- Ongerup Craft Group & Op Shop - Michelle Duits 044 188 542
- Ongerup Bowling Club - Jade Peacock [ongerupbowlingclub@gmail.com](mailto:ongerupbowlingclub@gmail.com)
- Ongerup Golf Club - Sarah Hyde 0427 382 634
- Ongerup Library - FREE to join. Open Tues-Sat 9am-4pm @ Ongerup CRC. 9828 2325.
- Ongerup Hall/Gym - Contact the Ongerup CRC 9828 2325
- Ongerup Museum - Vicki O'Neill 0428 282 282
- Ongerup Roadhouse - 0447 466 078
- Ongerup Farm Supplies & General Store - 9828 2288
- Ongerup Tyre Service - 9828 2101
- Ongerup Hotel - 9828 2001

Are you new to town?

Call in to the Ongerup CRC, which is located at the Yongergnow Malleefowl Centre, to say hi and pick up your welcome pack to help you settle in to our lovely town.

# February/March 2020

MON	TUE	WED	THU	FRI	SAT	SUN
			6 Shire CEO Visit Treasurers Workshop	7 Scroungers	8 Jerry Summerfest	9
10	11 Active Farmers	12 Dance/Yoga	13 Shire CEO Visit Mums Club	14 Scroungers 	15	16
17	18 Active Farmers OCD Meeting	19 Dance/Yoga	20 Shire CEO Visit	21 Scroungers	22 GNP Fair	23
24	25 Active Farmers	26 Dance/Yoga	27 Shire CEO Visit	28 Scroungers Outlook & Macrame	29 it's a leap year!	1
2	3 Active Farmers Auschem	4 Aushchem	5 Shire CEO Visit	6 Scroungers	7	8