

ONGERUP

GRAPEVINE

January 23rd 2020

** Please remember this Community Newsletter is kindly produced by local volunteers who give up their time every Thursday to provide this service to the town.

Community Notices

BORDEN X CUP VOLUNTEERS NEEDED

The Borden X Cup Committee are looking for anyone willing to donate time on Saturday April 4th 2020. Please contact Dimity on 0448 233 985 if this is something you are able to help with.

ONGERUP NUMBER PLATES

There will be another run of Ongerup number plates in the next couple of weeks. If you wish to organize a set please see Graeme at the Tyre Shop before the 24th January.

ONGERUP COMMUNITY CENTRE

Notice to all interested in the needs of the Community Centre that is the Daycare, Playgroup, Crochet & other Craft groups. We are having a meeting next week at 9.30am Wed 29th January. We need to come together to plan this years jobs, like keeping the inside and out tidy etc. Also any other maintenance that needs doing. Vicki O'Neill



January Birthdays

- 21st Alexander Mundy
- 30th Gail Vaux

February Birthdays

- 9th Jenny Ireland
- 11th Mat Campbell
- 16th Montana/Lexi Hooper

Did you know?

The most distributed publication in the world is the IKEA catalogue, with a current print run off more than 217 million copies a year.

The Gnowangerup Shire Council invites you and your family to the annual

AUSTRALIA DAY BREAKFAST

Sunday 26th January 2020

8:00am to 11:00am

GNOWANGERUP SPORTING COMPLEX

FREE AUSSIE Breakfast, Live Entertainment and Ice Cream for the Kids.

Breakfast Served between 8am-9.30am.

The Gnowangerup Community Swimming Pool will open from 11am.



CRC News

Check out this years Taste Great Southern Menu!! Tickets have already started selling for our very popular annual lunch which will be held on Saturday 28th March.

On the subject of food, we have a new workshop coming up on Thursday 26th of March for anyone looking for some great gut-loving recipes and healthy dessert ideas. This class requires a minimum number of people signed up to be able to go ahead. How lucky are we to have these opportunities right here in Ongerup!

We have recently moved all of the gym equipment into the old Library room off the side of the hall. The key system stays the same with the code on the lockbox being changed monthly. The new set up is very user-friendly and means that the gym will still be available to use when other events are on in the Hall. Did you know that the hall is available to the public to hire out for events? Contact the CRC to find out more about using this as a venue.

Bowling Club News

After a quiet time on the bowling green over the harvest period, the Ongerup Bowling Club has recently hosted a number of events.

The Club Christmas Party was held on Sat 21st December. While there wasn't a huge roll up for the bowls, a lot more people turned up after for dinner and drinks and a good time was had by all.

Our club 100 UP competition was held on Jan 12, with 14 people playing off in this fun singles competition. The final was an interesting affair with David and Aida playing off. David got off to a strong start and looked like being the winner, before falling into a hole at the halfway mark allowing Aida to win the day. We were all a bit curious to know what words were had between them to precipitate the turn around in the game. It was a great win by Aida who knocked out a number of the clubs best bowlers to get to the final. Congratulations Aida. The Plate was won by Mick with Jared a very competitive runner up.

Sunday 19 January saw our clubs main Gala Day, The Ongerup Mixed

Autumn Offerings

Menu

To Start

Chicken & Pistachio Terrine, Jamon Serrano, Sopressa
Salami, Cornichons, Pickles, Mustard, Baguette

Entree

Mt Barker Smoked Trout Salad, Charred Cos, Endive, Potatoes, Dill Dressing

From the Asado

Argentinian Spit-Roasted Lamb, Mint, Jalepeno Salsa Slow Roasted Beef Ribs, Chimichurri

Sides

Albany Beetroot and Goats Cheese Salad
Miso Roasted Pumpkin, Toasted Almonds, Crispy Kale
Heirloom Tomato Salad, Pickled Shallots, Oregano

Dessert

Chocolate & Salted Caramel Tart
Mini Pavlova, Albany Berries, Vanilla Cream
White Chocolate Panna Cotta, Candied Orange, Fairy Floss

To Finish

Soft Cheese, Hard Cheese, Blue Cheese, Accompaniments, Crackers, Bread

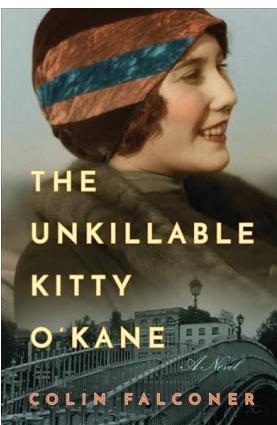
Triples played under very pleasant conditions. We had 6 outside teams participate and 12 teams all up. The day went off very well with a very friendly and fun atmosphere all day. The event was eventually won by Bev Sanger's team from Broomehill. Second place went to Malcolm Turner's Jerramungup team which had the help of an Ongerup ring in, Vicki O'Neill. George and Robyn Ham's local team managed third spot. Well done to all the winners. Thanks to Mog and Jade for all the work they put into running the day. Also thanks to all the ladies who organised the food and the volunteers who helped prepare the green and also the bar staff. Both these recent events were very well sponsored by many local businesses and a few outside businesses, providing some very good prizes for the winners. Many thanks to all the sponsors. Friday night scroungers have continued to run throughout the season. Many of the regulars are now on quite high handicaps, giving

some of the newer bowlers a better chance of having a win. Recent winners include Jake, Beryl and Mick. Anyone interested in having a fun game of bowls on a Friday night is encouraged to come along and have a go. You don't need to have played before or have your own bowls. Turn up and put your names in by 6pm for a 6.30 start. There is always a meal and a few drinks to follow. Enquiries to Maurice O'Neill 0427 282108.

Future events at the club include Mens Championship Singles to be played on the weekend of 1-2 February then Championship Pairs the following weekend. Pennant bowls resume on Sat 15 February.



Library News



I chose this book from the Ongerup library shelves because I have read some of Colin Falconer's books and this one was in his usual style of weaving fiction around true characters—name changes of course and licence to enhance the Kitty O'Kane character to be an absolute heroine with 9 lives! Enjoyable historical read and the story moves along with the many escapades that Kitty O'Kane gets into. It is based on two intrepid journalists who covered the Russian Revolution in 1915-17. Also combined with another real life character known as Miss Unsinkable who survived the Titanic and Britannia sinkings.

Review by Sandy

"The Unkillable Kitty O'Kane"
by Colin Falconer

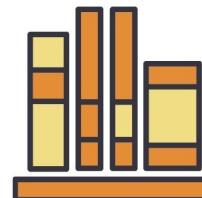


Please get in touch with us if you are interested in getting involved!

We have a stack of 'newspaper wrapped' books ready for anyone interested in a bit of mystery. Come pick up your book (or ask us to send it out in the mailrun), read the book and then come into our monthly morning tea, if you can make it, to discuss your book, whether you liked it or not.

If you have read another book which you enjoyed and want to recommend, please feel free to attend these morning teas and let everyone know about another great book!

Our first monthly book chat will be happening on Friday 13th March 2020, so get reading!!



**ONGERUP
LIBRARY
MYSTERY BOOK
EXPERIENCE**

READING IS FUN!

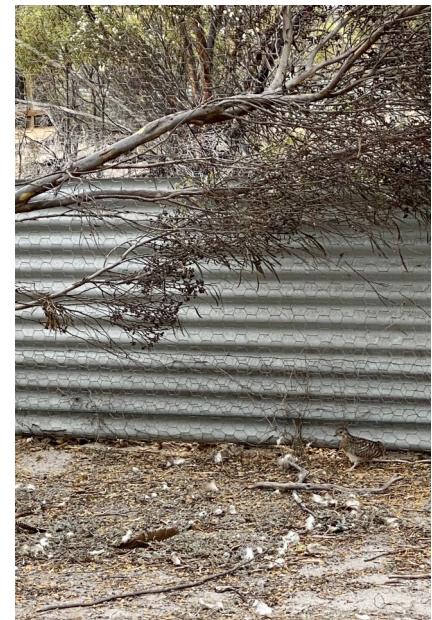
Yongergnow News

This week Maggie has been back to the vet to have her leg x-rayed and the cast taken off. The vet was very impressed at how well the bone had healed and has sent her back with a soft bandage which will come off after a week to ease her into using the leg properly again. Unfortunately we have had some trouble getting a good picture of her with her bandage on for all of her die-hard followers because she is quite good at hiding under her favourite tree. Thanks yet again to our dedicated volunteers for making the trip with her to Mt Barker on Tuesday.

We are also very excited to announce that we have discovered our first chick

for the season from Maggie and Drei's mound! Can you spot him in the picture? Although a little later than usual, he is the first of what we expect to be another successful year of malleefowl reproduction from our small aviary. If you're new to town, want to learn more about the malleefowl or have someone coming to visit, now is the perfect time to check out these amazing creatures.

New in the Café, we have just introduced a new loyalty card system. If you're a regular coffee drinker we have a new card where you get one free hot drink after 6 visits! Be sure to remind us because we are quite good at forgetting!



Become A volunteer

Name Sandy Vaux

Where were you born? Tambellup

What brought you to Ongerup 37 years ago?
Kingsley!!

What local community groups are you involved in? OCD, CRC, Tennis Club, Museum, and a Yongergnow volunteer.

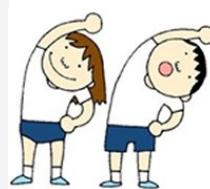
What would you say to anyone thinking of volunteering? Go to a meeting and get involved and do what you can for your community.

New to town???

Welcome to Ongerup

Pop up to

Yongergnow say hi to our lovely staff and pick up your welcome pack to help you settle in to your new home.



**Get Active
Ongerup!**

Yogalates - 10 weeks starting Wednesday 15th January 4:30pm-5:30pm. BYO Mat at the Ongerup Town Hall. Spots still available, contact Anyes 0428 129 672 to book in.

Active Farmers Ongerup - Starting Tuesday 4th February. There will be 2 x 1 hour afternoon sessions at 5:00pm and 6:30pm which can be flexible depending on what suits the community and cost \$20pp. Everyone is encouraged, you are never too old or young to participate. Contact Boyd 0427 990 531.

Autumn OFFERINGS

Taste Great Southern Long Table Lunch

Saturday 28th March, 2020

\$100pp

11am-3pm

Yongergnow Australian Malleefowl Centre, Ongerup

Tickets can be purchased at

<https://www.tastegreatsouthern.com.au/autumnofferings>

Limited spots available so get in quick!

Call Ongerup CRC 9828 2325 for more information.



Originally from Carnarvon, Stuart Laws started his journey at 44 King St in the heart of Perth. After spending some time in Melbourne, he returned to WA, he became the Executive Chef for Don Tapa at The Mante in Fremantle. Stuart designed a menu for Don Tapa featuring Western Australian produce in a style of cuisine never seen in Perth before called Nikkel - a Japanese-Peruvian fusion native to South America.

BEGINNERS YOGALATES

4:30 PM - 5:30 PM
Every Wednesday

Ongerup Town Hall
Running for 7 weeks
\$115 pp (BYO mat)

Still room in these classes
Contact Anyes 0428 129 672



ONGERUP GYM

2020 GYM MEMBERSHIPS DUE

Anyone wanting to renew or join the gym
please get in touch to pay or be invoiced!

2020 Gym Fees

\$10 Monthly

\$100 Yearly

Code changes monthly. This will be sent to you upon payment and each month after.

*KEEP AN EYE OUT FOR SOME EXCITING NEW CLASSES COMING TO ONGERUP SUCH AS ACTIVE FARMERS, KIDS DANCE CLASSES AND YOGALATES!



KIDS DANCE CLASSES

7 week program - \$110 per child

Every Wednesday

3-5 year olds @ 3:15pm - 3:45pm

6-10 year olds 3:45pm - 4:20pm

TO BE HELD AT THE
ONGERUP TOWN HALL

YOU CAN STILL BOOK INTO THE
REMAINING CLASSES
CONTACT ANYES 0428 129 672





RSMKatanning

TREASURER'S WORKSHOP

PLUS
THINGS TO BE AWARE OF ON A COMMITTEE

Thursday 6th Feb

10am

\$15

Barista coffee provided

**Contact the Ongerup CRC to
book your spot
ongerup@crc.net.au**





Take a short course in
AUSCHEM ACCREDITATION
in Ongerup



AHCCM303 - Prepare and apply chemicals

AHCCM304 - Transport and store chemicals

WORK WITH CHEMICALS UNSUPERVISED IN A RANGE OF FIELDS

This course assists you to identify hazards in chemical use and enables you to put risk controls in place. This short course covers:

- ▶ pest management
- ▶ environmental safety
- ▶ risk management
- ▶ application
- ▶ labels and MSDS
- ▶ personal safety
- ▶ legislations
- ▶ record keeping

This AusChem WA course is intended for anyone who uses agricultural chemicals or veterinary medicines unsupervised, including farmers, food producers, shire employees, mine rehabilitation, Parks and Wildlife employees and natural resource management employees. You are will also be required to complete a shorter reaccreditation course every five years.

At Ongerup Community Resource Centre, 4-5 March 8.30am-4.30pm
Contact the Ongerup CRC or Katanning campus to book your place now!

For details, visit southregionaltafe.wa.edu.au or phone the campus on 9821 6400

Katanning campus
9 Dore Street

9821 6444
Freecall 1800 675 781

Katanning@srtafe.wa.edu.au
 Find us on Facebook

RTO Code 52790

southregionaltafe.wa.edu.au**Chemical use refresher course**

AHCCM401 - Develop procedures to minimise risks in the use of chemicals

ONE-DAY COURSE FOR ESSENTIAL CHEMICAL USE UPDATES

This course is essential for primary producers to remain current in all aspects of chemical use. It is designed to maintain the previously attained AusChem WA accreditation. It covers new information in environmental safety, personal and occupational health and safety, legislation, spraying and calibration techniques, residues and resistance to chemicals.

During the course, there is the opportunity to review best practice principles and changes in controls on chemical use, take a fresh look at environmental management techniques and identify procedures to minimise risk in chemical use and to comply with regulations.

At the Ongerup Community Resource Centre
Tuesday 3 March 9am-4.30pm - contact the Ongerup CRC or the Katanning campus to book your place now!

For details, visit southregionaltafe.wa.edu.au or phone the campus on 9821 6444

Katanning campus
9 Dore Street

9821 6444
Freecall 1800 675 781

katanning@srtafe.wa.edu.au
 Find us on Facebook

RTO Code 52790

southregionaltafe.wa.edu.au**FOR SALE**

20 foot Coromal pop up Caravan with 3 new tyres, LED lights, double bed and full annex. Easy to tow.

Licensed until December 2020.

\$5,000



WYNTER DESIGNS
**MACRAME
Plant Hanger
Workshop**

COME ALONG FOR A FUN EVENING CRAFTING UP
YOUR OWN MACRAME PLANT HANGER FOR YOUR
HOME

FRIDAY 28TH FEBRUARY 2020
YONGERGNOW-ONGERUP CRC
5:30-8PM
\$60 PER PERSON

Minimum 5 attendees for class to go ahead

Nibbles provided - BYO Refreshments

Payment to be made on the night - Cash & Card Accepted

Contact John Vaux 0428 282106



Yongergnow-Ongerup CRC
PO Box 20 – Ongerup WA 6336
P (08) 9828 2325
F (08) 9828 2326
e-mail: ongerup@crc.net.au

POSITION VACANT

The Yongergnow-Ongerup CRC is inviting applications for the position of

18 Month Traineeship Part time – 13 hours/week

We are seeking a person who is well presented and keen to commit to a traineeship for a period of 18 months, commencing in March 2020.

The successful applicant will receive training in a busy office environment providing administration support to the Yongergnow-Ongerup CRC and Yongergnow Australian Malleefowl Centre. Formal training towards a certificate of your choice, in consultation with the Centre Manager will be provided. Options of traineeships include but are not limited to, Certificates in Business, Bookkeeping, Childcare, Tourism & Hospitality.

Applicants from all age groups are encouraged to apply and are required to address each selection criteria separately and forward it, with a resume, cover letter and references to Mrs Roslyn Thompson, Chairperson, Yongergnow-Ongerup CRC, PO Box 20, Ongerup WA 6336, marked "Confidential". Applications close 4pm, Friday 31st January. Late applications will not be accepted. The CRC Committee reserves the right to extend or withdraw this offer of employment, should the applications not be suitable.

Selection Criteria

Essential

1. Intermediate knowledge of Microsoft Office Suite
2. Good oral and written communication skills
3. Willingness to learn
4. Commitment to undertake on and off the job training over the duration of the Traineeship
5. Ability to follow instructions
6. Ability to work both independently and in a team environment
7. Completion of Year 10 secondary schooling or equivalent

Desirable

1. Ability to work flexible hours
2. Previous cash handling experience
3. Previous experience in customer service
4. Previous experience in café operation
5. Local knowledge



Department of
Primary Industries and
Regional Development



LINCOLNS ACCOUNTANTS

OUTLOOK & TIME MANAGEMENT IN THE OFFICE

FRIDAY 28TH FEBRUARY 2020

10AM - 2PM

\$30PP

(COFFEE & LUNCH INCLUDED)

DAYCARE AVAILABLE.

CONTACT KATIE 0427 271 454

Please RSVP to Yongergnow-Ongerup CRC on 9828 2325 and inform us of any dietary requirements.



MUM'S CLUB



Gemma Pyle
Child and Infant Sleep Consultant

Over a coffee, this is a really interactive and relaxed way to go over the key points on all things sleep. We cover everything relevant to your baby/toddler based on the age-group you request, and there is the chance to ask any questions you may have along the way.

Thursday 13th February

10am

\$10pp

Ongerup CRC

Please RSVP with the age of your child/children to 9828 2325



Psychic Readings

With Selva, Life Translator

Selva Dutton is returning to the Ongerup CRC to do one-on-one psychic readings!

Appointments available from Tuesday 18th Feb 2020

9am - 4pm

(She will be here for a few days depending on demand)

\$100pp (cash)

CANCELLED

Call Selva on 0457 159 276 to book your appointment!





Whole food cooking classes
Whole food recipes
Fermenting Classes
Essential Oil Classes
Public speaking & demonstrations
E-books



Expressions of Interest

A Gut Loving whole foods cooking class followed by a Healthy Desserts & Snacks class both run by Kristen Pavez - Whole food educator.

Thursday March 26th 2020 at Yongergnow-Ongerup CRC

These workshops will run on the same day but as two separate workshops.

For more information on each workshop please see below.

\$100 each or \$185 for both

Gut Loving whole foods cooking class:

10am - 11.30am

Learn how to make some ferments, and some delicious whole food snacks that even the fussiest eaters will love.

Come & join me for an informative, fun & interactive cooking class where I will teach you how to make:

- Sauerkraut
- Kombucha
- Kimchi
- Milk Kefir

-Milk Kefir Mango Smoothie:

-Creamy Coconut Yoghurt:

-Deluxe Peppermint crunch Raw Chocolate Bark:

You will receive tastings of these delicious fermented foods & beverages & be sent your recipes via email in PDF format so that you have access to them at all times

Healthy Dessert's and Snacks class:

1pm - 2.30pm

Snacks and Dessert's can be where we let our healthy eating regime down if we aren't careful. Choosing nourishing snacks and dessert's is so important and easy with these delicious recipes. In this demonstration style cooking class we will make:

- Almond & Vegetable Paleo Loaf
- Cinnamon spiced nut butter-Coconut, Lime and Mango Pannacotta tart
- Deluxe Raw Chocolate, pistachio and rose petal bark
- Spiced Salty Coconut Chips: -Creamy Bircher Muesli-Creamy Bacon and Chicken Liver Pate

Please let us know if this is something you would be interested in attending so we can make sure we have enough people to go ahead with it.

Contact us at ongerup@crc.net.au or 9828 2325.

Grapevine Prices

1/4 Page Advert - \$18.00

1/2 Page Advert - \$30.00

Full Page Advert - \$60.00

CRC Staff

Rebecca Brady - Centre Manager

Dimitry McMorran - Administration

Elisa Santini - Trainee

Viktoria Kokina - Casual

Brittnee Knill - Casual

Alyce Langdon - Cleaner

CRC Committee

Roz Thompson - Chairperson

Melissa Savage - Vice Chairperson

Melissa Hawkins - Secretary

Jane Campbell - Treasurer

Sandy Vaux

Gail Vaux

Nancy Dewar



Phone: 08 9828 2325

Fax: 08 9828 2326

E-mail: ocrcgrapevine@gmail.com

Lot 260 Jaekel St

PO Box 9

Ongerup WA 6336

OPEN: 9am-4pm Tuesday-Saturday

Ongerup Services

- Veterinarian (Albany Veterinary Hospital) 1st Wednesday of each month. Call 9841 1788 for appointments.
- Child Health Nurse (Gnowangerup) - Amber Chrichton 9827 2290.
- Centrelink Access Point - Located at the Ongerup CRC.
- Fire Brigade - 000
- Ambulance - 000
- Ongerup Sporting Complex - Jan Slee 0428 503 535
- Ongerup Craft Group & Op Shop - Michelle Duits 044 188 542
- Ongerup Bowling Club - Jade Peacock ongerupbowlingclub@gmail.com
- Ongerup Golf Club - Sarah Hyde 0427 382 634
- Ongerup Library - FREE to join. Open Tues-Sat 9am-4pm @ Ongerup CRC. 9828 2325.
- Ongerup Hall/Gym - Contact the Ongerup CRC 9828 2325
- Ongerup Museum - Vicki O'Neill 0428 282 282
- Ongerup Roadhouse - 0447 466 078
- Ongerup Farm Supplies & General Store - 9828 2288
- Ongerup Tyre Service - 9828 2101
- Ongerup Hotel - 9828 2001

**If you have a birthday or any local notices that you would like included in our town newsletter please feel free to email them through or ring us during business hours.

January/February 2020

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|----------------------------------|---|--|---------------------|-----------------------------------|-----|
| | | | 23 Clean Up Ongerup | 24 CRC Movie Day | 25 fun bowls Aus Day Breakfast | 26 |
| 27 | 28 | 29 Dance/Yoga CRC Picture Quiz Yongergnow meeting | 30 | 31 CRC Movie Day | 1 fun bowls | 2 |
| 3 | 4 Active Farmers | 5 Dance/Yoga | 6 Shire CEO Visit Treasurers Workshop | 7 | 8 fun bowls Jerry summerfest | 9 |
| 10 | 11 Active Farmers | 12 Dance/Yoga | 13 Shire CEO Visit Mums Club | 14 | 15 fun bowls | 16 |
| 17 | 18 Active Farmers OCD Meeting | 19 Dance/Yoga | 20 Shire CEO Visit | 21 | 22 fun bowls GNP Fair | 23 |