



August 15th 2019

Community Notices

ONGERUP SPRINGTIME ART TRAIL Get your arty hats on and create something for the art trail themed “Birds on the Verge” Anything to dress up your front fence or hang in the Yongergnow gallery.

WALK TRAIL BUSY BEE Sunday 18th August there will be a busy bee to clean up the section of trails from Yongergnow to John Street. There will be some pruning and moving mulch so BYO secateurs, gloves and wheelbarrows Please let Sandy know if you can help out. 0428 282941

ONGERUP MUSEUM We are in preparation mode for the 2019 Wildflower Display at the Ongerup-Needilup District Museum. The show will run from **Saturday 21st September to Sunday 6th October** and we would love to see any new helpers on our roster for inviting visitors in during this time. No previous experience necessary—inquiries to Sandy 0428 282941 or Vicki 0428 282282.

ONGERUP OP SHOP Fill a bag with clothes for \$1 ! Wednesday 21st August from 9 am to 2 pm. Community Centre, Lamont Street.

TRY OUT SOME WARMING WINTER SOUPS

Cauliflower & Bacon Soup

1 onion chopped

1 small clove of garlic minced or garlic powder (optional)

3 rashers of bacon chopped (you want some with the fatty rib section as this is what gives you the flavour!)

1 whole cauliflower chopped roughly

Chicken stock

Cream

Cook the onion, bacon and garlic in a little olive oil until onion soft and bacon slightly renders. Add cauliflower, stir. Add enough stock to cover (roughly 4 cups). Cook until cauliflower collapses (about 20-30 minutes). Blitz until smooth with barmix or Thermomix. Add cream (about half a cup) and season. Easy as!!



Someone also asked me to post the Potato & Leek Soup from sport the other week. Similar to above really.

Potato & Leek Soup

1-2 leeks diced

1 small clove of garlic minced or garlic powder (optional)

1kg potatoes, peeled and diced about 1cm cubes

Chicken Stock

Cream

Cook the leek and garlic if using in a little olive oil until soft. Add potatoes, stir to coat. Add enough stock to cover (roughly 4 cups). Cook until potatoes are soft (about 20-30 minutes). Remove four big spoons of the mixture (about a third of mixture). Blitz until smooth with barmix or Thermomix. Add cream (about half a cup). Return remaining chunky mixture to soup and stir. Season. If its too thick you may have to loosen with a little bit more stock.

BRAIN TEASERS— First to email your correct answers to Bec will receive a barista coffee or milkshake at the Yongergnow Café

1. Which is faster, hot or cold?
2. Forwards I am heavy, backwards I am not?
3. What questions can you never answer 'yes' to?
4. What has teeth but cannot eat?

CRAFT GROUP & OP SHOP NEWS

On Wednesday August 14 the Craft Group hosted another Market Day. Stall holders included CH Creations, Wynter Designs and a Thermomix consultant from Jerramungup, Norwex and Crazy Creations from Albany, and local businesses The Farmhouse Baker and Hippy Hookers Crochet. There was soup for the hungry, cuppas for the thirsty and the Op Shop was open for the thrifty! We also had Yongergnow travel mugs, large home made jars of pickled onions and some catalogues from various businesses there to peruse.

The next Market Day is September 11. Please come along and support this community event!

A macrame workshop will be held soon! It will be \$50 which includes all supplies and morning tea. Please contact Michelle on 0404 188542 to register your interest and once we have enough people, we will book a date!

There will also be a hand made fabric wildflower workshop with June Meredith on Wednesday 28th August. This is an old craft that combines many elements of fabric making to create amazing wildflowers. Please book with Sandy 0428 282941 as numbers are limited. Cost will be \$4 for materials and \$2 for craft room use.



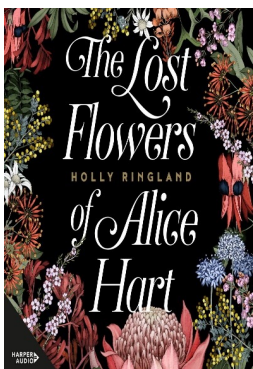
THE LOST FLOWERS OF ALICE HART BY HOLLY RINGLAND.

This book was chosen by Roz, her second meeting this year due to the fact that September was supposed to be May but she is away. August was Mel's choice she ordered her books and they didn't arrive on time in fact they took forever to get here. So as Roz had her books already we gave them out and changed months. So the August meeting was held at Roz's on a Tuesday night as Roz was away for the Monday. Mel will now have her book club meeting on 9th September.

So Tuesday night saw six book clubbers gather at Roz's, a rather depleted crowd. But we had all read the book which had not happened for some time. We started the evening discussing the Essex Serpent which was last month's book in fact I think we discussed it more than at the actual meeting. We remembered that Marnie had had a pretty awful one as well.

There were mixed feelings over this month's book. Those who were into flowers loved that component, but two of us couldn't care less about flowers so this made no impact. We all felt the stories in the book were not completed enough and lots was left up in the air. The descriptions of the Australian country were written from somebody with a fond remembrance and so were lengthy and over the top. One reader loved most of it and gave it a 7 but mostly it scored 5. I personally found the book disturbing and hard to comprehend how women went from a violent father into a violent relationship. But we all found once you started you had to read until the end.

An enchanting and captivating novel, about how our untold stories haunt us - and the stories we tell ourselves in order to survive.



After her family suffers a tragedy, nine-year-old Alice Hart is forced to leave her idyllic seaside home. She is taken in by her grandmother, June, a flower farmer who raises Alice on the language of Australian native flowers, a way to say the things that are too hard to speak. Under the watchful eye of June and the women who run the farm, Alice settles, but grows up increasingly frustrated by how little she knows of her family's story. In her early twenties, Alice's life is thrown into upheaval again when she suffers devastating betrayal and loss. Desperate to outrun grief, Alice flees to the dramatically beautiful central Australian desert. In this otherworldly landscape Alice thinks she has found solace, until she meets a charismatic and ultimately dangerous man. Spanning two decades, set between sugar cane fields by the sea, a native Australian flower farm, and a celestial crater in the central desert, *The Lost Flowers of Alice Hart* follows Alice's unforgettable journey, as she learns that the most powerful story she will ever possess is her own.

Ongerup Football Association

PTS Team P W L D F A %

OFA League 2019

1	Boxwood Hill	11	10	1	0	1223	503	243.14	40
2	Lake Grace / Pingrup	12	8	4	0	1067	820	130.12	32
3	Gnowangerup	11	5	6	0	600	852	70.42	20
4	Newdegate	11	4	7	0	678	984	68.90	16
5	Jerramungup	11	1	10	0	617	1026	60.14	4

OFA Reserves 2019

1	Gnowangerup s	11	9	2	0	956	388	246.39	36
2	Lake Grace / Pingrup	12	8	4	0	1120	498	224.90	32
3	Boxwood Hill	11	8	3	0	704	466	151.07	32
4	Jerramungup	11	3	8	0	346	1111	31.14	12
5	Newdegate	11	0	11	0	137	800	17.12	0

OFA Juniors 2019

1	Gnowangerup	11	11	0	0	944	236	400.00	44
2	Lake Grace / Pingrup	12	6	6	0	623	546	114.10	24
3	Jerramungup	11	6	5	0	582	519	112.14	24
4	Boxwood Hill	11	5	6	0	452	573	78.88	20
5	Newdegate	11	0	11	0	175	902	19.40	0

TOP TEN GOAL KICKERS OFA League

Arron Russell	Newdegate	41
George Bungey	Boxwood Hill	31
Jack Davis	Boxwood Hill	29
Hayden Richter	Boxwood Hill	29
Brendan Lee	Jerramungup	23
Kane Pinney	LGrace / Pingrup	21
Luke Henderson	LGrace / Pingrup	21
Aaron Davis	Boxwood Hill	19
Regan Smith	LGrace / Pingrup	19
Andy Solomon	Jerramungup	17



ONGERUP WOMEN'S HOCKEY

ASSOCIATION

SENIOR RESULTS
Round 14
 Gnowangerup (4) def Boxwood Hills (1)
 Newdegate (2) def Lake Grace/Pingrup (0)
 Jerramungup Bye

SENIOR LADDER

Team	Wins	Losses	Draw	Goals For	Goals Against	Percentage	Points
Gnowangerup	9	0	2	39	8	487.50	29
Newdegate	9	2	0	31	14	221.43	27
Boxwood Hill	3	5	3	16	27	59.26	12
Lake Grace/Pingrup	1	8	3	14	29	48.28	6
Jerramungup	1	8	2	10	25	40.00	5

JUNIOR RESULTS

Round 14
 Lake Grace/Pingrup (5) def Newdegate (1)
 Boxwood Hills (2) def Gnowangerup (0)
 Jerramungup Bye

JUNIOR LADDER

Team	Wins	Losses	Draw	Goals For	Goals Against	Percentage	Points
Lake Grace/Pingrup	10	2	0	34	6	566.67	30
Jerramungup	9	2	0	37	7	528.57	27
Boxwood Hills	6	4	1	22	12	183.33	19
Newdegate	2	9	0	9	35	25.71	6
Gnowangerup	0	10	1	3	45	6.67	1



Notice of AGM

Are you interested in joining your local CRC Committee?

The Ongerup CRC will be holding their AGM on
Friday 6th Sept 2019

All office bearers positions open.

Contact CRC to RSVP 9828 2325 or for more info.
All welcome!

YONGERGNOW AUSTRALIAN MALLEEFOWL CENTRE



Notice of A.G.M

Calling all interested community members to join the Yongergnow Board!!

Where: Yongergnow Centre

When: Wednesday, 25th September

Time: 4pm

Dinner will be provided.

Contact: 9828 2325 for more info.

ALL WELCOME!

Agriculture & Small Business Safety Seminar

Thursday August 22nd 2019

10am-12pm

Presented by WorkSafe and DPIRD

Some topics that will be covered include:

- Agriculture industry statistics and details of where the incidents occurred in the workplace
- Roll over protection systems
- Guarding of plant
- Falls from Height
- Hazardous substances
- Electrical Safety
- Quad bikes
- Manual handling
- Fuel storage
- Vehicle movement
- Safety signage
- Inductions for staff
- Drugs and alcohol
- Fatigue & remote work
- Emergencies & first aid



Contact the Ongerup CRC for further information.
9828 2325



Local rainfall

Here's what the weather has been doing to us in 2019 courtesy of weather station readers at

Yongergnow

Jan – 1.3mm

Feb – 0.6mm

Mar – 41.7mm

Apr – 19.8mm

May – 18.5mm

June – 64.1mm

July – 37.8mm

Total – 183.8mm



You're invited to a...



SERIES OF COMMUNITY WORKSHOPS TO GET YOU
CONFIDENT IN THE DIGITAL WORLD

POP UP EVENT

★ ABOUT THE EVENT ★

Gnowangerup, Borden and Ongerup will be providing FREE community workshops to get you confident in the digital world. Here are some of the areas will be covering across separate workshops in the months of September and October

- Using email
- Safety on the internet
- How to set up a MyGov account and link government services like Medicare & Centrelink
- Dropbox and storing on the cloud
- AND MANY MORE!

FOR MORE INFORMATION OR TO REQUEST A SPECIFIC TOPIC
PLEASE CONTACT YOUR LOCAL COMMUNITY TRAINER

Ongerup: Dimity McMorran
0448 233 985
dimity.mcmorran@hotmail.com

Borden: Pip Moir
0401 915 016
admin@bordenpavilion.com.au

Gnowangerup: Jane Farmer
0448 382 163
jane.farmer87@hotmail.com

★ MORE INFORMATION ★

Where:
GNOWANGERUP CRC
BORDEN PAVILION
ONGERUP CRC

Date and time:
SEPT/OCT
EXACT DATES TBA - PLEASE LIAISE WITH
YOUR COMMUNITY TRAINER

Cost:
FREE

What to bring:
YOUR OWN DEVICE
IF YOU DON'T HAVE ONE PLEASE LET US KNOW WHEN
REGISTERING AND WE CAN ASSIST YOU



Gairdner-Jerramungup Ram Breeders Assoc. Inc.

19th Annual Ram Field Day

Tuesday 10th September 2019 from 12pm-5pm

On Property Field Day Stud Participants

Boonoke West Merino and Poll Merino Canowie Fields Merino Stud

Coromandel Poll Merino Stud Kintail Park Dohnes

Kohat White Suffolk and Poll Merino (at Canowie) Warralea Poll Merino Stud

Bellwether Poll Dorset Stud (at Coromandel)

WIN

WIN

WIN

WIN

WIN

First Prize: \$500 Ram Voucher Donated by *



Second Prize: 1 Tonne of Sheep Pellets Donated by



The more studs you visit – the more chances to win

Sheep bred for your local environment

Enquiries: Jason Griffiths 0427366041

Thanks to our Sponsors:

David Campbell Transport, Esperance Freight Lines, Shear Performance, Milne Feeds, Achmea Farm Insurance, Adams' Shearing Service, Gramer Wools, Elders Jerramungup, K & A Shearing,

Nikora Shearing, Wesfarmers Insurance, Foreman Rural

* Ram Voucher to go towards purchase of Ram in 2019 at the above studs listed



Understanding Behaviour

Yongergrow-Orangerup Community Resource Centre
Your local connection

Relationships Australia
WESTERN AUSTRALIA

Tuesday 27th August

9:30am-12pm

FREE with a Barista Coffee and Morning Tea included

WE WILL:

- EXPLORE BEHAVIOUR AS AN EXPRESSION OF FEELINGS AND NEEDS.
- LOOK AT THE IMPORTANCE OF PARENTS LEARNING TO RESPOND TO BEHAVIOUR RATHER THAN REACT TO IT.
- DISCUSS SOME SCENARIOS AROUND BEHAVIOUR.
- UNPACK THE CONCEPT OF EMOTION REGULATION FOR PARENTS AND CHILDREN.
- DISCUSS SELF CARE AS AN IMPORTANT ASPECT OF PARENTING.

Creche available RSVP to 9828 2325 as soon as possible as there are limited spaces.

This Parenting Course is funded under the Families and Communities Programme by the Australian Government Department of Social Services.



NOTICE OF AGM:

Boxwood Hill Combined Sports Club
will be holding its
Annual General Meeting
6.30pm
Monday 19th August
Boxwood Hill Sports Club

Our strong and vibrant club runs on the enthusiasm and talent of our community.

THE CLUB NEEDS A TREASURER FOR 2019/2020
PLEASE CONSIDER SUPPORTING THE CLUB AND
TAKING ON THIS POSITION.

For information on committee positions please contact

Jarrold King: Ph 0427 812 242

Kate Stoney: Ph 0428 471 011

Ali Hocking Ph 0418 942 936

ONGERUP DART ASSOCIATION PREMIERSHIP LADDER 2019

9th August, 2019

		Points for win	% Games
<u>1</u>	Gnowangerup	20	69
<u>2</u>	Jerry Hotel	14	58
<u>3</u>	Ongerup	12	46
<u>4</u>	Jerry Sports Club	6	42
<u>5</u>	Borden	4	37

ROUND 14

JERRY HOTEL 8 VS ONGERUP 1

HIGHEST AVERAGE: S Solomon 51.83, Don Sclater 48.21

HIGHEST PEG: S Solomon, J Nelson 40

100'S: S Solomon 100 x 2, 121, M Cruickshank 100 x 3, K Felesina 115, J Nelson 100 x 2, Don Sclater 100 x 4

GNOWANGERUP 6 VS JERRY SPORTS 3

HIGHEST AVERAGE: D Punch 54.80 L Ugle 49.50

HIGHEST PEG: R D Punch 68

100'S : D Punch 100 x 5, 137, R Hayward 100, L Ugle 100 x 2, 125, G Buxton 100, T Pearce 121, M Osterhage 100

BORDEN BYE

NEXT FIXTURES AUGUST, 2019

BORDEN VS JERRY HOTEL

ONGERUP VS GNOWANGERUP

JERRY SPORTS BYE

**ASSOCIATION MEETING MONDAY 19TH AUGUST @
ONGERUP HOTEL ALL SUBS DUE.**

**ALL PLAYERS WANTING TO PLAY IN CHARITY SHIELD
PLEASE GET YOUR NAMES TO DON ASAP**

Peter Rundle MLA

Member for Roe

Narrogin Office

PO Box 378
Narrogin WA 6312

Ph 08 9881 1225
Fax 08 9881 3082

Esperance Office

107 Dempster St
Esperance WA 6450

Ph 08 9071 6555
Fax 08 9071 6788

Peter.Rundle@mp.wa.gov.au

www.peterrundle.com.au

@PeterRundleMLA

facebook.com/PeterRundleRoe



THE NATIONALS for Regional WA

August

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				16 Daycare Rory bday	17	18 Walk trail busy bee Golf
19 Greg bday	20	21 Market day Craft/op shop Neil bday	22 Mel S bday WorkSafe w/shop	23 Daycare	24	25 Golf
26 Rosie bday	27 Understanding behavior w/shop	28 Craft/op shop W/flower w/shop	29	30 Daycare	31	1 Golf
2	3	4	5 Mum's club	6 Daycare	7	8 Golf
9	10	11	12	13 Daycare	14	15 Golf



©Sallyanne Cousins

Our breeding pair Maggie & Drei on their mound at Yongergnow. Keep an eye out for the Spring issue of Landscape Magazine where the amazing photographer Sallyanne Cousins has written an article called "Mound-building Megapodes (the story of the intriguing malleefowl)" which contains a section on Yongergnow.