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## THE GRAPEVINE



Department of  
Primary Industries and  
Regional Development

June 20th 2019

### Community Notices

**HALL GYM:** Please note that the gym will be closed as of Friday 21<sup>st</sup> June to Tues 25<sup>th</sup> June for the Ongerup CRC Quiz Night. We apologise in advance for any inconvenience caused.

**QUIZ NIGHT:** If you are wanting to come along and join a table at the quiz on Saturday night call Bec 9828 2325 and get along to the hall for a fun night.

**CLEAN UP ONGERUP:** We are starting a street and town entrances clean up on Sunday 23rd June at 10.30 am. Meet at the museum gazebo to get your bags and gloves and finish at Weir Park for a sausage sizzle after 1 pm. Don't let the weather forecast put you off because Ongerup needs your help, and BYO raincoat. Enquiries Sandy 0428 282941.

KAYE VAUX 25.7.1921 - 15.6.2019 passed away peacefully in Albany last week. Mother to Susanne, Patti, Kingsley and Bevan. Grandmother of 6 and great grandmother of 3.

KAYE's funeral will be held on Wednesday 26th June at Allambie Park crematorium and afterwards King River Hall, Millbrook Road.

Yongergnow-Ongerup Community Resource Centre  
presents

# QUIZ Night

**5.30PM**  
FOR A 6PM START  
**SATURDAY 22nd JUNE**

**@ The Ongerup  
Town Hall**

**CASH  
ONLY**

**18+ Event**

**Exciting  
Raffle  
Prizes to  
be won**

**Entry  
\$10**  
Per person

**Bring a  
plate to  
share with  
your table**

**Quizmaster  
Andrew  
Collins**

# Peter Rundle MLA

Member for Roe

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**Andrew Wallace**

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# Seeking EOIs

The Jerramungup CRC is tentatively booked with Agrimaster to host **Wagemaster Payroll training** in Jerramungup in August 2019. We need 10 businesses to participate—the cost of the course is \$770 for Agrimaster clients. If you are interested in attending this local training opportunity, please email [events@jerramungupcrc.com.au](mailto:events@jerramungupcrc.com.au) or call 9835 1630 by 1 July.



## ONGERUP DART ASSOCIATION PREMIERSHIP LADDER 2019

		Points for win	% Games
<u>1</u>	<b>Gnowangerup</b>	<b>8</b>	<b>32</b>
<u>2</u>	<b>Jerry Hotel</b>	<b>8</b>	<b>29</b>
<u>3</u>	<b>Ongerup</b>	<b>8</b>	<b>23</b>
<u>4</u>	<b>Borden</b>	<b>2</b>	<b>23</b>
<u>5</u>	<b>Jerry Sports Club</b>	<b>2</b>	<b>19</b>

15th June, 2019

Saturday the Association held their Doubles Championships followed by the Annual Memorial Handicap Singles.

16 Players started the day off with the Doubles Championships Sponsored by Jerry Hotel. Big Thanks to Greg and Chris.

### WINNERS:

Dwayne Punch & Lomas Ugle (Gnowangerup)

### RUNNERS-UP:

Mal Osterhage & Adam Arnold (Jerry Sports)

### HIGHEST SCORE:

Mark Cruickshank 154

### HIGHEST PEG:

Kerrin Felesina 71

### HANDICAP SINGLES RESULTS

#### WINNER

Adam Arnold (Jerry Sports)

#### RUNNER UP

Reg Hayward (Gnowangerup)

### HIGHEST SCORE:

Don Sclater 2 x 180

### HIGHEST PEG:

Don Sclater 60

Big thanks to everyone involved in the day especially Nathan who made sure everyone was fed.

## Rural group fitness roadshow

Rural group fitness not for profit, Active Farmers, is excited to announce their official arrival to Western Australia, setting up in the communities of Borden, Williams and Hyden.

To celebrate the arrival to WA there will be an Active Farmers roadshow, involving a series of launch events, free group fitness classes, BBQ's and breakfasts, showcasing the benefits of social connection and exercise.

Local personal trainer, David Read, will be launching Active Farmers at Williams on Monday 24<sup>th</sup> June and Jenna Mouritz will be launching Active Farmers classes at Hyden on Tuesday 25<sup>th</sup> June. Boyd Rae commenced his Active Farmers classes at Borden in May and will be holding an Open Day on Wednesday 26<sup>th</sup> June. Borden's Open Day will follow up his free group fitness class with a mental & physical well-being workshop. Guest speakers include Ross Ditchburn, prostate cancer survivor and former Carlton AFL player, and Ginny Stevens, CEO & founder of Active Farmers, as well as Dr. Mat Coleman, a psychiatrist who specialises in addiction.

Boyd says he "started Active Farmers in Borden because I love country communities, socialising with rural families, and I feel like I am truly making a difference when I run a session out there, which is evident in how appreciative everyone is". One of Boyd's members mentioned "that for the first time in years instead of rolling out of bed, they sat up and could feel their bodies muscles in doing so". This is one of the many benefits that have become apparent, he said the other benefits are the exchanges of eggs, apples, coffee, stories, condolences and celebrations which are commonplace in the morning fitness sessions. Active Farmers is a service that brings together farmers, and members of the community, through regular group fitness in a fun and interactive environment. Designed especially for farmers and smaller communities with limited access to fitness expertise and equipment, Active Farmers provides motivational, challenging and fun training sessions to help promote great physical health and mental health. Active Farmers currently services over 30 small farming communities in almost every state. CEO Ginny Stevens is delighted to welcome Williams, Hyden and Borden to the network and is looking forward to attending these events.

### **Borden launch event & open day**

What: FREE Group fitness class, breakfast and information session

When: Wednesday 26th June 2019 at 7:15am

Where: Borden Pavilion

Who: All Borden and surrounding community residents, including families

More information: <https://www.activefarmers.com.au/borden>

# June / July

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				21 daycare Vicki bday	22 <b>Quiz night</b>	23 golf open day Nancy bday Town clean up
24 Sarah bday	25	26 Craft/op shop	27	28 daycare	29	30
1	2	3 Craft/op shop	4 Jan bday Mums club	5 daycare	6	7
8	9	10 Craft/op shop	11	12	13	14
15	16	17 Craft/op shop Art workshop Brushes & Bubbles	18 Sally bday	19	20	21

## GNOWANGERUP Family Support Association Inc.



Incorporating Nobarach Occasional Daycare  
& Mobile Child Care Services

### ONGERUP OCCASIONAL DAYCARE

Professionally staffed, licensed centre  
providing your children with quality care  
and a safe, stimulating curriculum  
based on the new National Quality Framework!

FRIDAY 9.00AM TO 3.30PM

CATERING FOR 0-6 YEAR OLDS

Please contact the coordinator Katie Sherwood on  
0427 271 454

For Bookings

Managed by Gnowangerup Family Support Association.  
Bringing licensed, cost effective child care to small  
towns in the Great Southern since 1988.



ONGERUP CRC PRESENTS

## BRUSHES & BUBBLES

LOSE YOUR INHIBITIONS AND GET CREATIVE

JULY  
17TH  
2019

6PM  
\$15 INCLUDES A CLASS OF BUBBLES  
BYO DRINKS & PLATE TO SHARE