

E: ocrgrapevine@gmail.com
W: ongerupcrc.net.au
PH: 08 9828 2325
F: 08 9828 2326

ONGERUP

Grapevine

November 1st 2018

Proudly Sponsored By:



Department of
Primary Industries and
Regional Development

Community Notices

TO FELLOW BOOKWORMS,

ONGERUP LIBRARY RE-OPENING

We welcome you to join us for
afternoon tea from 3pm at the
new Ongerup Library premises
@ Yongergnow Malleefowl
Centre on Wednesday 7th
November 2018.
All Welcome.

Upcoming Events

NOV

6th Melbourne Cup Lunch
6th Food sense workshop
7th Official Library launch
10th Malleefowl monitoring
workshop



Halloween

You may have noticed some extremely scary witches and monsters getting around Ongerup last night. They were celebrating Halloween. Although it is thought to be an American tradition Halloween originated in Ireland. This day marked the end of summer and the beginning of winter a time of year often associated with death. Celts believed that on the night before New Year the boundary between the worlds of the living and the dead became blurred, and the ghosts of the dead returned to earth.

To celebrate this event the Druids built huge bonfires and food and animals were sacrificed to the Celtic gods. Druids wore costumes of animal heads and skins. Wearing disguises stopped the dead from recognising the living and wanting to stay in the human world. Thus the tradition of costumes was begun. When America and Australia were flooded with migrants following the potato famine in Ireland they brought with them the traditions of Halloween. The practice of trick or treating came from the early tradition of poor citizens going around to beg for food on Halloween, families would give them pastries called soul cakes in exchange for them praying for their dead.

SHAVE THE DATE
MOVEMBER



November 2018

Call the Ongerup CRC now to
register!!
9828 2325

More info to follow!



RELM Farming

Mobile crutching

with Harrington or

Peak Hill units Manual and automatic

Swathing and harvesting

available

Gravel for roading purposes at pit on
Park road. Onsite loader available.

No job too big or small

Contact Bob

0428 612238



SATURDAY 10TH & SUNDAY 11TH
NOVEMBER 2018

YONGERGNOW MALLEEFOWL CENTRE,
JAEKEL ST, ONGERUP



Malleefowl Monitor Training

Monitoring Malleefowl will not in itself save them, but it is an extremely important tool in understanding how the species is going. If there was a sudden crash in any population, we need to be aware of the situation ASAP. Annual monitoring is also essential if we are to understand long-term trends that may vary due to many factors including climate change.

Malleefowl exist right across Australian so we need to ensure everyone is monitoring in the same way. Over many years we have developed a method of monitoring Malleefowl that doesn't upset the birds, doesn't place more demands on the people doing the work than necessary and is scientifically robust.

We have developed a system that uses modern technology and is easy to use. Volunteers are supplied with smartphones with our own monitoring app installed.

At the training, we will show you how to use the equipment and then travel to a site where we will visit several mounds and go through the monitoring methodology.

Apart from learning how to take part in this important Citizen Science project, you will be mixing with lots of very knowledgeable Malleefowl people.

Saturday 10th
9.00 am

Yongergnow Malleefowl Centre
Jaekel St, Ongerup.

- Will have a short introduction and inductions
- Everyone gets to play with the app on our smartphones and learn how we use them in the field
- We will use GPS to navigate to Malleefowl mounds to record the data for each mound
- At the mounds we will practice the best monitoring methods and how to use the smartphones

Sunday 11th

- For those that get bitten by the monitoring bug we will be going to other sites to continue monitoring

Note that we will be walking through sometimes heavy bush. Ensure that you have good walking shoes and clothing to protect yourself from scratching and sun....sounds fun doesn't it?

RSVP Liz Kingston
lizk@nationalmalleefowl.com.au
0417 996 719



natural resource
management program



MEDIA RELEASE

23 October, 2018



GNOWANGERUP 360: WHO, WHAT AND WHY?

FOR the past 12 months a group of committed locals have been meeting to discuss and discover ways we can invigorate our town and nurture business opportunities within Gnowangerup; to encourage vibrancy and offer that 'kick start' we have been missing for some time. Why? Because as a community we have endured the closure of too many great businesses and we felt we could do something.

With both legal and financial advice from local consultants, it was decided the best structure for our vision was to form a cooperative which (finally) happened last month. Why a Cooperative? It gives us the best structure to legally invest, involve as many community members as interested, and importantly offer the flexibility to respond to our community needs. Simply put, it will enable us to invest in our community's future by considering the whole picture.

So like all cooperatives, we need support. We need you to care too.

Becoming a shareholder of GNP 360 Cooperative will give you a vote, a voice and an opportunity to be involved in the excitement. Whether you can manage a single share or several, every dollar will be appreciated by our entire community (now and future). We expect that in the initial founding stages there wouldn't be a return on investment, but as we become more established we envisage this will change and shareholders can expect to earn dividends. Once we are fully established, projects in the future may take the form of facilitating 'trial' businesses to get a kick-start, assisting with the required equipment to start a business, or acquiring further commercial property. We like to see it as local businesses, supporting local people, supporting local businesses.

Since our first meeting in December 2017, we have been compiling ideas about where to start. Not an easy feat with excited inaugural directors (from all aspects of the community) bursting at the seams with ideas. But there was a unanimous agreement; we need grocery supplies to remain in Gnowangerup. Without this, shopping out of town would become a necessity. Therefore our inaugural project was born; the intention to secure the long-term shopping convenience by procuring a building that will serve as a modern and attractive "shopping hub" for a variety of potential industries in the main street.

To hear all about this project and how you can be involved, we are asking for every member of our community to join us at the launch on **November 22nd 7 pm, at the Town Hall**. We are ecstatic to have **Peter Kenyon**—social entrepreneur, author, economist, and 2017 Senior Australian of the Year, guest speak on success stories from across Australia, birthed from situations like ours. The wonderful RRT will be providing dinner from 6pm for a gold coin donation with all proceeds going to the Gnowangerup St John Ambulance.

Let's get excited Gnowangerup and get involved, great things are yet to come. We look forward to seeing you at the launch.

For more information contact:

Richard House (founding Director): 0428 271 565

E: gnp.360@outlook.com

Find us on Facebook: www.facebook.com/gnp360/

THE NEWLY FORMED GNP360
COOPERATIVE INVITES OUR
ENTIRE COMMUNITY.....

GNP 360



.....TO A CONVERSATION FILLED WITH
INVIGORATING IDEAS TO ENSURE THE
SUSTAINABILITY OF OUR GREAT TOWN

THE FUTURE OF GNOWANGERUP NEEDS YOU

22ND NOVEMBER 2018, TOWN HALL, 7:00PM

Come along to hear PETER KENYON and other influential guest speakers unveil GNP 360's inaugural community project. Our Cooperation needs YOUR SUPPORT so together we can build a strong and vibrant community.

The Rapid Relief Team (RRT) will be providing dinner for a gold coin donation from 6.00pm prior to the meeting starting at 7.00pm. All proceeds will go to the Gnowangerup St John Ambulance.



Come along to **Food Sensations®** for Adults for a **FREE** hands-on nutrition and cooking experience.

Over 4 weekly sessions, you will learn to cook some tasty, easy recipes and get involved in some fun nutrition activities.

RSVP to the Ongerup CRC on 9828 2325.

HEALTHY EATING

MEAL PLANNING AND BUDGETING

SESSIONS:

All sessions held at:

Yongergnow - Ongerup CRC

Via Video Conference - Being There

Time: 11am - 1pm

Dates:

Session 1 - Tuesday 6th November
Session 2 - Tuesday 13th November
Session 3 - Tuesday 20th November
Session 4 - Tuesday 27th November

Participants must be able to attend ALL 4 sessions.

4 CORE TOPICS

LABEL READING AND FOOD SELECTION

FOOD SAFETY, PREPARATION & COOKING



RSVP to the Ongerup CRC on 9828 2325.



Partner:



Department of Health

Melbourne Cup Lunch

6th November 2018
From 11:30am
Yongergnow-Ongerup CRC

Come and watch the Melbourne cup live.
Receive a glass of champagne on arrival.
Cold lunch and dessert provided.
RSVP essential for catering -
ongerup@crc.net.au or 9828 2325
by Thursday 1st November.

Tickets: \$25pp
on sale NOW!

Yongergnow-Ongerup
Community Resource Centre
Your local connection

Ordering early offers you surety of supply, giving peace of mind

Summit Fertilizers Early Order Offer is open

All the security of early ordering and everything SummitQ services can offer you

Call me to talk about your requirements for 2019.



Andrew Wallace

0427 083 820



MIGOUR MAPS20

MAXam FLO

GUSTO

SUMMIT FERTILIZERS

November 2018

Mon

Tue


Wed

Thu

Fri

Sat

Sun

				2	3	4
5	6 Melb Cup lunch Food Sense Skye's Meta pwr	7 Yoga Library opening	8 Skye's Hiit step	9 Rivers bday	10 Mallefowl monitoring workshop	11 Remembrance day 
12	13 Taite bday Skye's Meta pwr Food Sense	14 yoga	15 Skye's Hiit step	16	17	18
19	20 Skye's Meta pwr Food Sense	21	22 Skye's Hiit step	23	24	25
26	27	28	29 Mel H b'day Barry bday Skye's Hiit step	30		

NEW EVENING CLASSES FOR MEN

ALL ARE WELCOME
OPEN TO MEN ONLY

Note: due to the complexity and level of difficulty, each course will accept a maximum of eight participants

The course covers two days, and topics covered in this course including:

DAY ONE

HOW TO FILL ICE CUBE TRAYS

Step by step guide with slide presentation

TOILET ROLLS- DO THEY GROW ON THE HOLDERS?

Round table discussion

DIFFERENCES BETWEEN LAUNDRY BASKET & FLOOR

Practising with hamper (Pictures and graphics)

DISHES & SILVERWARE; DO THEY LEVITATE/FL Y TO KITCHEN SINK OR DISHWASHER BY THEMSELVES?

Debate among a panel of experts.

LOSS OF VIRILITY

Losing the remote control to your significant other - Help line and support groups

LEARNING HOW TO FIND THINGS

Starting with looking in the right place instead of turning the house upside down while shouting "It's not there!", "You've moved it!" or "We've run out!" - Open forum

DAY TWO

EMPTY MILK CARTONS; DO THEY BELONG IN THE FRIDGE OR THE BIN?

Group discussion and role-play

HEALTH WATCH; BRINGING HER FLOWERS IS NOT HARMFUL TO YOUR HEALTH

PowerPoint presentation

REAL MEN ASK FOR DIRECTIONS WHEN LOST

Real life testimonial from the one man who did

IS IT GENETICALLY IMPOSSIBLE TO SIT QUIETLY AS SHE PARALLEL PARKS?

Driving simulation

LIVING WITH ADULTS; BASIC DIFFERENCES BETWEEN YOUR MOTHER AND YOUR PARTNER

Online class and role playing

HOW TO BE THE IDEAL SHOPPING COMPANION

Relaxation exercises, meditation and breathing techniques

REMEMBERING IMPORTANT DATES & CALLING WHEN YOU'RE GOING TO BE LATE

Bring your calendar or PDA to class

GETTING OVER IT; LEARNING HOW TO LIVE WITH BEING WRONG ALL THE TIME

Individual counsellors available

GNOWANGERUP Family Support Association Inc.



Incorporating Nobarach Occasional Daycare
& Mobile Child Care Services

ONGERUP OCCASIONAL DAYCARE

Professionally staffed, licensed centre
providing your children with quality care
and a safe, stimulating curriculum
based on the new National Quality Framework!

FRIDAY 9.00AM TO 3.30PM

CATERING FOR 0-6 YEAR OLDS

Please contact the coordinator Katie Sherwood on

0427 271 454

For Bookings

Managed by Gnowangerup Family Support Association.

Bringing licensed, cost effective child care to small
towns in the Great Southern since 1988.

