

# Ongerup Grapevine

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Government of Western Australia  
Department of Regional Development



## Community Notices

**ONGERUP CATHOLIC CHURCH** Sunday 12 Nov Mass at 11.30am. Followed by shared lunch. All welcome

**ONGERUP COMMUNITY DEVELOPMENT MEETING** Wed 15th Nov 7.30 pm CWA rooms all welcome Roz Secretary 0428 282085

*On behalf of our community we extend our deepest sympathy to the Lillyman family on the sad loss of their son Desmond*

November 9th, 2017

## Upcoming Events

### NOVEMBER

- Movember
- 16th parenting course stress management

### Postcard campaign help us save our CRC!!!

As you may be aware, our Community Resource Centre funding is at risk. Included with The Grapevine this week is a DL-sized postcard created by Linkwest for us to relay to local state and federal members the impact our Centre has in the community. Postcards direct from voters, rather than the centre itself, are a simple yet effective way in emphasising the integrity and importance of our centre within the community. Write your message of support, along with your name and address on the back of the postcard and drop it into the Ongerup CRC or the Ongerup Post Office to ensure your voice is heard. Your support is most appreciated by all of us at Yongergnow-Ongerup CRC.



Yongergnow-Ongerup CRC and Relationships Australia bring you;



Stress Management, Relaxation & Mindfulness for Parents and/or Kids

Whether you are already a Parent, or a Parent-to-be, join us for a 2 hour session with Holly Beeck as she helps participants to explore different strategies for managing stress and practicing "mindful parenting".

Holly is the Child and Family Practitioner for Relationships Australia in Albany, as well as happily married wife and mother to three boys. She has a long background in teaching and counselling and is "very passionate about supporting parents in the really important job of raising healthy, safe, resilient and well-rounded children".

Thursday 16th November, from 10am at Ongerup CRC

\* Morning Tea Provided \*

Please RSVP at the Ongerup CRC 9828 2325 or [ongerup@crc.net.au](mailto:ongerup@crc.net.au)



This Parenting Course is funded under the Families and Communities Programme by the Australian Government Department of Social Services.

# Fire Chat

Bushfire survival and awareness was the topic of yesterdays chat with John Tonkin from DFES. How to make yourself and your home safe, and how to survive if you get caught outside in a bushfire. 15 participants went home with a lot to think about and hopefully much better prepared for the fire season. Bushfire toolkits were also handed out to each participant to take home and work through. Spare kits can be picked up from the post office to help you create a plan for you and your family.

Our thanks to DFES and John Tonkin for this very informative presentation.



**Free Seniors Morning Tea**

10.30am Thursday 7th December 2017  
at the Gnowangerup Shire Admin Building

Christmas Fun, Games and Light Refreshments Served.

Please RSVP to Kirsty on 9827 1007 or [gnpshire@gnowangerup.wa.gov.au](mailto:gnpshire@gnowangerup.wa.gov.au) by 30th November.

This is a Disability Friendly Event.

*Heart of the Shire*  
SHIRE OF GNOWANGERUP

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belong  
commit**

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## Massuese coming to Yongergnow !!

Jim Bradley is a highly experienced Masseuse who will be in Ongerup on the 11th November.

He is very keen to do a day of massage appointments.

He does remedial massage reflexology, and acupressure.

Cost \$50 / half hour

\$80 / hour

For appointments contact Jim  
0419 904697

## Can you Help?

### Ongerup P & C Battery Drive

Do you have the odd dead battery laying around?

The P&C are asking for donations of any batteries you may have, small or large for our latest fundraiser.

Drop off point: Ongerup Tyre Service

Pick ups by: Brendon O'Neill

0427 282195

Luke Fisher

0427284015



First collection run before Xmas.

Second collection will run through harvest until Feb '18.

Please keep us in mind and help the kids of Ongerup Primary

## MAKE THE MOST FROM YOUR FERTILIZER INVESTMENT.



**Andrew Wallace**

0427 083 820

[awallace@summitfertz.com.au](mailto:awallace@summitfertz.com.au)

[www.summitfertz.com.au](http://www.summitfertz.com.au)

Summit offers clients a GIS soil and plant testing service to assist with soil, crop and pasture nutrition decisions.

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**VIGOUR**

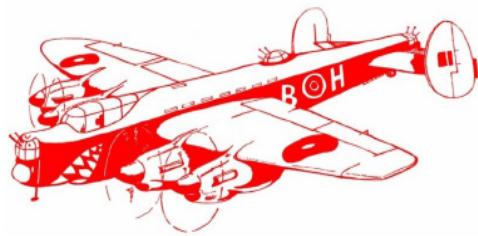
**MAPS ZC**

Summit  
Superphosphate

# Nov/Dec 2017

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				10	11 Remembrance day Massage day	12
13 Taite bday	14	15 Library OCD meeting	16 Parenting course Stress management	17	18	19
20	21	22 Library	23	24	25	26
27	28	29 Barry bday	30	1	2	3 Rael bday
4 Morris Grant bday	5	6	7	8	9	10 Indigo bday

## Boxwood Hill Football Club



### Position Available

The Boxwood Hill Football Club require a coach for their league team.

For any queries or to register your interest, please contact Daniel Smart on 0427 366 058.

Applications close on the 1st of January 2018